

National Curricula, Initiatives, and Campaigns Addressing Child Sexual Abuse, Teen and Young Adult Relationship Abuse and Their Prevention

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This list of resources includes national curricula and initiatives prepared by professionals in their respective fields and information regarding awareness building campaigns. It is not meant to be fully comprehensive and is not an endorsement of the materials offered. It is a starting point for educators and community-based advocates who wish to learn more about child sexual abuse, teen and young adult relationship abuse and their prevention.

Grades/Ages/Audiences are noted, if specified. This list is in alphabetical order.

Areas highlighted in yellow indicate that curriculum is being marketed as evidence or research-based, a promising practice or was developed using a theory-based approach. This designation was determined either by published research from reputable sources or by the authors of the curricula/initiative mentioned.

Organization and Grade/Age Audience	Presentation Description and Contact Information
<p>Agent of Change By We End Violence</p> <p>For College</p>	<p>Agent of Change uses an online game to put students in situations where they think about how violence impacts their daily lives. Players interact with digital characters in situations that might occur in a college setting. In each three-minute to five-minute scene, the player takes part in conversations with digital characters about: sexual assault; relationship violence; sexual harassment; and stalking.</p> <p>During conversations, the player makes choices about what to say and how to respond to other digital characters. As players make their choices, the digital characters respond to them by: supporting their choice; modeling better responses; and challenging their choice. As players move through the game, they are placed onto a path that is equal to their knowledge about violence prevention. This allows players to learn, develop, and practice the skills needed to prevent violence before it happens. The game uses evidence-informed approaches from the field of violence prevention like: myth acceptance; norms challenging; motivational interviewing; feminist and social norms theory; and bystander intervention.</p>
<p>Beat the Punch Campaign A project of the Women’s Shelter Program of San Luis Obispo and the Domestic Violence Task Force of San Luis Obispo</p> <p>For college and community</p>	<p>The Beat the Punch campaign works to prevent intimate partner violence (IPV) and create lasting community change. The goal of the program is to create a culture of “courageous bystanders” in college settings where students and staff: encourage respect for women and equality in intimate relationships; interrupt situations that lead to IPV; safely respond to IPV when it occurs; and respond in a way that is helpful.</p> <p>The campaign works to: reduce risk factors and strengthen protective factors linked to IPV committed by young men. The campaign addresses these factors on the individual, relationship and community levels in line with the Public Health Approach Social Ecological Model.</p>
<p>BE!</p> <p>By the Sexual Assault Center Counseling & Education Organization based in Tennessee</p>	<p>BE! Is a sexual assault awareness curriculum that promotes healthy relationships, while providing resources to teens to get help if they experience dating violence or other forms of abuse. The program encourages and empowers teens to make a difference in their communities by learning skills to end sexual violence and change social expectations. For more information visit http://www.besafeatlast.com/.</p>

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<p>For Middle & High School</p> <p>Be Strong from the Inside Out</p> <p>By Peace Over Violence Research-informed curriculum and was evaluated by Harder + Company Community Research 2009</p> <p>For girls & women ages 13 -19</p>	<p>Be Strong from the Inside Out is an asset-based health promotion & violence prevention curriculum empowering young women Ages 13-19. Each module guides Be Strong participants to develop their own positive, unique voices.</p> <p>The Individual Module is about developing each young woman’s individual strengths and helping her conceive healthy views of what it means to be a woman in her own mind, body, and spirit.</p> <p>The Relationships Module challenges young women to incorporate strong communication skills, recognize relationship dynamics, and identify the key elements of healthy relationships.</p> <p>The Community Module helps young women understand the importance of community – both as a physical place and a locus of collective being - to identify their sense of belonging to, responsibility toward, and influence upon the world around them.</p> <p>The Society Module looks at the historical status and achievements of women, explores how patriarchy and sexism continue to operate via media representations, and finally identifies potential opportunities and challenges as young women plan for their future.</p>
<p>Break the Cycle</p> <p>Evidence-based School Prevention Program</p> <p>For ages 12-24</p> <p>(Resources continues onto next page)</p>	<p>Break the Cycle inspires and supports young people speaking out about dating violence in their schools and communities. They partner with the National Domestic Violence Hotline to provide ultimate support to help teens prevent and end dating abuse: www.loveisrespect.org. They also support a National Youth Advisory Board comprised of 24 young people taking decisive actions to end dating violence. This organization offers online curricula for high school and college. It can be used by English teachers to educate their students on dating abuse.</p> <p>Let’s Be Real is a nationwide movement online and offline that allows young people (under 24 years old) to interact with other young people and offers a space for them to have real, honest conversations about relationships.</p> <p>Love Is Not Abuse Coalition (LINA) is comprised of adults (24 year olds and over) who are interested in learning about dating abuse and how to prevent it. Members can be any adult who cares about the youth and wants to work with them.</p> <p>New efforts in curricula development include Start Talking which is being piloted in Illinois, New Mexico, Oklahoma, and Texas: www.loveisrespect.org/starttalking. They also have a national, best-practices school program that uses a four-step model approach to end dating violence in schools. In partnership with Hazelden Publishing, this innovative and comprehensive plan encourages improving policy and engaging peer leaders: www.violencepreventionworks.org/public/respect_works.page</p> <p>Break the Cycle also trains volunteers to conduct classroom presentations to young people ages 12-24 in Los Angeles County, Washington DC, and Austin, Texas: http://www.breakthecycle.org/volunteer. This resource-rich site offers handouts, safety plans, posters, palm cards, etc.: http://www.loveisrespect.org/resources/download-materials.</p>

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	<p>Check out this excellent toolkit, Building Sustainable Relationships with Schools to Improve Intervention and Response to Dating Violence: A Toolkit for OVW Rural Grantees. This publication addresses the unique issues facing rural communities and offers practical tip sheets and activities.</p> <p>Ending Violence is an innovative dating violence prevention curriculum developed by Break the Cycle for middle and high school students. It teaches teens how to: prevent and safely end abusive relationships; understand their legal rights and responsibilities; and create a framework for building healthy relationships in the future. In addition, Ending Violence focuses on dating violence prevention from a law and justice perspective. Content includes basic information about dating abuse in addition to legal definitions, rights and responsibilities under the law and information about accessing the civil and criminal justice systems to protect yourself. The curriculum includes three modules, each of which is sub-divided into distinct, easily presentable units. The DVD also offers a self-guided mode for students to use on their own or supervised.</p> <p>All the materials needed to implement the program are in the box, including: the quick start guide; yes/no classroom activity cards; poster for classroom display; a comprehensive educator's guide; a self-guided resource for students; a video presentation for adults who want to learn about teen dating abuse; classroom materials that help raise awareness about domestic and dating abuse; and a Spanish-language version of the entire curriculum.</p> <p>To read a review of the curriculum, https://www.breakthecycle.org/sites/default/files/pdf/rand_curriculum_report.pdf. To learn more, http://www.violencepreventionworks.org/public/ending_violence.page</p>
Bringing in the Bystander Campaign	<p>Developed by Prevention Interventions at the University of New Hampshire. Using a bystander intervention approach combined with a research component, this program assumes that everyone has a role to play in prevention. The research component measures how effective the program is within different communities. Know Your Power is the social marketing component of Bringing in the Bystander. Information about the campaign, resources, a checklist for engaged bystander actions and a store are available on the website. uSafeUS is an app they created to provide easy access to sexual assault resources at any given time. Students can visit at https://www.usafeus.org</p> <p>For campus administrators visit https://campus.usafeus.org</p> <p>For the desktop web-app visit https://app.usafeus.org</p> <p>Know Your Power http://cola.unh.edu/prevention-innovations-research-center/know-your-power%C2%AE-bystander-social-marketing-campaign</p>
A Call to Men Breaking Out of The Man Box and LIVERESPECT Coaching Healthy & Respectful Manhood Curriculum For middle & high school men	<p>A CALL TO MEN radically challenges the socialization of men by examining the social norms, culture and traditional images of manhood that has created an environment that supports, tolerates and often encourages men's violence against women. The founders of A CALL TO MEN provide concrete solutions and practical approaches toward ending men's violence against women and girls. These men provide great insight into the construct of sexism and courageously challenge the privileges and entitlements given to men. This highly sought after educational tool is unique in its ability to be affirming and respectful to the experiences of women while expressing genuine care and hope for men. (35 minutes)"</p> <p>For more information, contact Danielle Erwin at danielle@acalltomen.org.</p>

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<p>California Coalition Against Sexual Assault (CALCASA)</p>	<p>CALCASA has served as a leader and recognized expert via our statewide, national and international work in supporting communities and institutions in addressing and preventing sexual, domestic and stalking violence on college campuses. For a detailed overview of their areas of expertise, methods, and approach to preventing sexual, domestic, and stalking violence on college campuses visit http://www.calcasa.org/wp-content/uploads/2010/02/Campus-TA-Fact-sheet-extended-FINAL.pdf</p> <p>CALCASA's Information Packet Series:</p> <ol style="list-style-type: none"> 1. <i>Focusing on Pride (Part 1): Supporting Lesbian, Gay, Bisexual and Transgender (LGBT) Survivors of Sexual Assault</i> 2. <i>Focusing on Pride (Part 2): Hate Crimes Against Lesbian, Gay, Bisexual and Transgender (LGBT) Survivors of Sexual Assault</i> 3. <i>Creating Access: Supporting Survivors of Sexual Assault with Disabilities</i> 4. <i>Breaking Barriers: Supporting Survivors of Sexual Assault from Immigrant Communities</i> 5. <i>Stopping the Stigma: Changing Public Perceptions of Sexual Assault in Rural Communities</i> <p>CALCASA's "Support for Survivors" Training Manual and Updates::</p> <ol style="list-style-type: none"> 6. <i>Support for Survivors</i> (Original 1999) 7. <i>Support for Survivors Facilitator's Guide</i> (Original 1999) 8. <i>Support for Survivors Mini-Book</i> (2008) 9. <i>Supporting Survivors of Sexual Assault with Disabilities</i> 10. <i>Supporting Lesbian, Gay, Bisexual and Transgender (LGBT) Survivors of Sexual Assault</i> 11. <i>Supporting Survivors of Sexual Assault in the Military System</i> 12. <i>Supporting Survivors of Human Trafficking Survivors Behind Bars: Supporting Survivors of Prison Rape and Sexual Assault</i>
<p>Casa de Esperanza National Latin@ Network</p> <p>For Organizations serving Latinas, their families & communities</p>	<p>This organization believes that every Latin@-serving agency should have access to first-rate training and consultations, so that all Latinas, their families and communities receive the advocacy and support they deserve to lead full and fruitful lives. They tailor their offerings to each organization, collaborating to identify what will be most helpful: one-on-one consultation, mentoring, coaching, training or site visits.</p> <p>For more information on trainings, consultations and events, please contact Heidi Notario-Snull at ta@casadeesperanza.org or 717.382.6244.</p>
<p>Center for Healthy Teen Relationships</p> <p>http://www.idvsa.org/initiatives/center-healthy-teen-relationship</p> <p>For grades 7-8</p>	<p>An initiative created by the Idaho Coalition Against Sexual and Domestic Violence providing training, technical assistance, lesson plans, resource materials, parent handbooks, and more. The Idaho Coalition is promoting the implementation of the Fourth R for 7th or 8th grade students. This curricula teaches healthy relationship knowledge and skills. For more information about Fourth R and how to become a trainer, contact Kimberly Matulonis at kimberly@engagingvoices.org</p> <p>In 2014, the Center for Healthy Teen Relationships released a model school policy for Idaho secondary schools on responding to adolescent relationship abuse and sexual assault prevention.</p> <p>Learn about the 2017 We Choose All of Us campaign materials – posters, brochures, vinyl clings, and more – for your community or school at https://idvsa.org/national-teen-dating-violence-awareness-prevention-month/</p>

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<p data-bbox="109 214 533 277"> Centers for Disease Control and Prevention (CDC) Theory & Research-based </p> <p data-bbox="109 350 296 381"> For ages 11-14 </p> <p data-bbox="109 418 504 482"> (Resources continues onto next page) </p>	<p data-bbox="585 214 1837 245"> The CDC has a violence prevention webpage with statistics, definitions, programs and initiatives, etc. </p> <p data-bbox="585 248 890 279"> For teen dating violence </p> <p data-bbox="585 282 1761 313"> http://www.cdc.gov/violenceprevention/intimatepartnerviolence/teen_dating_violence.html. </p> <p data-bbox="585 316 1409 347"> For information on teens and sexual violence, check this webpage: </p> <p data-bbox="585 350 1898 381"> http://www.cdc.gov/violenceprevention/sexualviolence/resources.html. This website also offers videos. </p> <p data-bbox="585 384 1923 448"> Break the Silence: Stop the Violence and a program activities guide: Preventing Intimate Partner and Sexual Violence www.dev.cdc.gov/violenceprevention/pub/ipv_sv_guide.html </p> <p data-bbox="585 451 1990 995"> Dating Matters®: Strategies to Promote Healthy Teen Relationships is a comprehensive teen dating violence prevention initiative based on the current evidence about what works in prevention. Dating Matters® focuses on 11- to 14-year-olds in high-risk, urban communities. It includes preventive strategies for individuals, peers, families, schools, and neighborhoods. http://www.cdc.gov/ViolencePrevention/DatingMatters/index.html This initiative has a capacity assessment and planning tool (DM-CAPT). This online tool system helps local health departments and their school and community partners assess and monitor their capacity for implementing a comprehensive teen dating violence initiative. The DM-CAPT allows organizations to gather information on organizational and intervention specific capacity, instantly generate automated capacity assessment reports, and work with partners to determine capacity priorities and develop web-based action plans for monitoring capacity building efforts. For training educators, peer educators, youth-serving organizations, and others working with teens, review a 1-1.5 hour interactive online training designed to help the user understand the risk factors & warning signs of teen dating violence. It features interviews with leading experts, dynamic graphics and interactive exercises, and compelling storytelling to describe what teen dating violence is and how to prevent it. Choose Respect is theory and research-based curriculum developed by the CDC in 2006. Targets middle school ages 11-14 and is internet-based and interactive. Offers a free online toolkit to supplement classroom curriculum. http://vetoviolence.cdc.gov/apps/datingmatters/respect.html. </p> <p data-bbox="585 998 1982 1200"> Choose Respect is national initiative that helps adolescents form healthy relationships and prevent dating violence before it starts. Choose Respect messages are supported by a variety of materials including eCards, posters, bookmarks, pocket guides, online games, television and radio spots, activity ideas, and clickable quizzes that inspire youth to choose respect. This innovative mix of interactive learning tools also includes Causing Pain: Real Stories of Dating Abuse and Violence, an award-winning video featuring compelling stories of teens, parents, and professionals who either have been in or witnessed abusive relationships. </p>

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<p>Changing Lives By Creative Action & SAFE Alliance</p> <p>According to their brochure, this program meets social-emotional learning goals and fulfills requirements for ADL's No Place for Hate school designation.</p> <p>For middle school</p>	<p>The Changing Lives Youth Theatre Ensemble is a collaboration between Creative Action and SAFE Alliance, which creates and performs unique plays that advocate for safe, inclusive schools and relationships. There are up to three performances a day, with up to 200 students per performance. Shows run for a hour which include a 45 minute performance and a 15 minute post-show discussion. They as offer post-show workshops.</p> <p>The purpose of these shows is to create conversation about healthy teen relationships, raise awareness about dating violence, sexual harassment and bullying, and to provide encouragement and support for youth to take a stand to promote safe and respectful relationships.</p> <p>To book a performance visit www.tinyurl.com/CLYTEtour2018 and for more information contact Meg Greene (SAFE Alliance) at mgreene@safaustin.org or 512.356.1591 or Noah Martin (Creative Action) at noah@creativeaction.org or 512.442.8773, both are the Changing Lives Managing Directors.</p>
<p>Child Lures Prevention</p> <p>According to their website, this program meets and exceeds federal guidelines for personal safety programs.</p>	<p>The mission of this program based in Vermont is to help ensure the personal safety of children and youth through increased awareness, education, advocacy and action. The goal is to prevent all forms of child victimization by teaching families, professionals and other community members how to recognize, interrupt and report inappropriate behaviors and situations. Child Lures Prevention and Teen Lures Prevention child personal safety resources align with recommendations in NCMEC's guidelines.</p> <p>CLP/TLP helps children and teens stay safe from sexual abuse, harassment, abduction, drugs, and bullying/cyberbullying. This is accomplished through: emphasizing every child's right to live free of abuse; promoting healthy social relationships; nurturing mutual kindness and respect; setting personal and digital boundaries; teaching age-appropriate Child Lures and practicing proven prevention strategies for each lure; identifying trusted adults; and upholding a zero tolerance environment in which harassment & abuse are openly discussed and disclosed.</p> <p>Through an official partnership, Tom's Secret video and the corresponding Think First & Stay Safe School Program lesson plan, All Secrets Can Be Told, are available FREE for all parents, schools and other child-serving organizations worldwide -- to help keep millions of children healthy and safe.</p> <p>Being the parent of a teen is a challenging experience, especially in today's high tech world. This 20-page handbook navigates parents through health and safety issues facing teens and provides specific low-tech strategies for keeping teens safe.</p> <p>Reveals Teen Lures explores strategies used to manipulate and exploit young people. It emphasizes healthy relationships vs. unhealthy relationships and also focuses on cyber bullying, social networking & privacy, over-sharing, sexting, dating violence, teen suicide prevention, help hotlines and more.</p>
<p>Child Safety Matters™</p> <p>Research-based</p> <p>For grades K-6</p>	<p>MBF Child Safety Matters™ educates and empowers students in kindergarten through grade 6 with information and strategies to prevent, recognize, and react to bullying, cyberbullying, digital abuse, and all types of child abuse. Program is supported by the Florida Dept. of Education, Dept. of Children & Families.</p> <p>MBF Teen Safety Matters for middle schools is a prevention education program that educates and supports teens and relevant adults on ways to prevent, recognize and respond effectively to all types of abuse and digital dangers.</p>

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	<p>For more information, visit http://www.moniqueburrfoundation.org; 904.642.0210; MBF@moniqueburrfoundation.com</p>
<p>Commit to Kids: Helping Organizations Prevent Child Sexual Abuse</p> <p>Canadian Centre for Child Protection™</p>	<p>Commit to Kids is a program to help organizations create safe environments for children. It provides strategies, policies, and a step-by-step plan for reducing the risk of child sexual abuse. The program encourages organizations to take an active, participatory role in protecting children in their care.</p> <p>This program offers a ten-step process to helping organizations prevent child sexual abuse. The steps are: 1) Assess your organization; 2) Understand child sexual abuse; 3) Manage risk; 4) Create a Code of Conduct; 5) Hire the right people; 6) Supervise and monitor; 7) Report abuse and misconduct; 8) Write policies and procedures; 9) Create your child protection manual; and 10) Train everyone.</p> <p>For more information, visit www.commit2kids.ca and www.protectchildren.ca.</p>
<p>Darkness2Light</p> <p>Based in Texas</p> <p>Model Program by the Office of Juvenile Justice and Delinquency Prevention, 2013</p>	<p>From their website: "The Office of Juvenile Justice and Delinquency Prevention's (OJJDP's) Model Programs Guide (MPG) contains information about evidence-based juvenile justice and youth prevention, intervention, and reentry programs. It is a resource for practitioners and communities about what works, what is promising, and what does not work in juvenile justice, delinquency prevention, and child protection and safety."</p> <p>Darkness to Light Named as Noteworthy Public Awareness and Education Campaign by the Department of Health and Human Services. Darkness to Light was recognized in a report released April 2003 called "Emerging Practices in the Prevention of Child Abuse and Neglect." The report stated, "Darkness to Light is a noteworthy public awareness and education campaign in that it shifts the responsibility of child sexual abuse prevention from children to adults. Utilizing common sense messages for adults and parents, the public service announcements and advertisements center around preventing situations from happening, recognizing signs and reacting responsibly. The initiative also follows up their media message by providing a hotline for information and referral to local resources, and is developing a training and education program for educators, the faith community, and physicians on recognizing and responding to signs of child sexual abuse."</p> <p>PRODUCT AND TRAINING INFORMATION Community Prevention, Facilitator Workshops, General Product Information, Order Status Stewards@D2L.org CONTACT: National Helpline: 866.FOR.LIGHT Administrative Office: 843.965.5444 TECHNICAL AND FACILITATOR SUPPORT Facilitator Support FacilitatorSupport@D2L.org Technical Support for Stewards of Children ONLINE Online@D2L.org or 843.513.1587</p>

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<p>Enough Abuse Campaign</p>	<p>Enough Abuse is a grassroots movement to end child sexual abuse by prevention by providing “adults and communities with the knowledge and skills they need to put an end to the silence”. www.enoughabuse.org Enough Abuse Campaign Overview of Core Training Curricula http://www.enoughabuse.org/the-campaign/training-tools.html It includes Mandated Child Abuse Reporter Training, Nurturing Parenting, Children Exposed to Violence, Child Development, and Child Sexual Abuse Prevention.</p> <p>The curricula contains six parts:</p> <ol style="list-style-type: none"> 1. Enough Abuse: Strategies for Your Family and Community 2. Enough Abuse: Strategies for Your School and Community 3. Enough Abuse: Strategies for Youth Organizations 4. Understanding and Responding to the Sexual Behaviors for Youth Organizations 5. She did WHAT? He said WHAT? How to Respond to the Sexual Behaviors of Children <p>“It’s Not Just Jenna: A True Story of Child Sexual Abuse and Survival” and “Preventing Child Sexual Abuse: A Learning Discussion Guide”</p>
<p>Expect Respect® www.safeplace.org http://www.expectrespectaustin.org Promising Practice as established by program evaluation conducted by the CDC.</p> <p>For Vulnerable Youth, Teens & Community Advocates</p> <p>(Resources continues onto next page)</p>	<p>Safe Place's Expect Respect® Program engages youth, parents, schools and communities in building healthy teen relationships and preventing dating abuse. The Program Overview summarizes research on teen dating violence prevention and describes the Expect Respect Program.</p> <p>Part I: Expect Respect® Support Group Curriculum and Facilitator Guide (24 group sessions) Expect Respect groups serve vulnerable youth who have experienced violence in their homes or dating relationships. Support groups help teens heal from past abuse, learn skills for healthy relationships, and prevent future victimization and perpetration.</p> <p>Part II: Safe Teens Youth Leadership Curriculum and Facilitator Guide (8 lessons) The Safe Teens curriculum empowers youth to become role models and leaders in preventing dating violence, sexual harassment, and bullying.</p> <p>Part III: School-Wide Prevention Strategies Strategies include developing school policy concerning dating violence; assessing school climate; and engaging students, teachers, and parents in school- wide prevention activities. Materials from Choose Respect, a primary prevention initiative developed by the Centers for Disease Control and Prevention, are featured in this section.</p> <p>Training Expect Respect®: Engaging Schools and Communities in Promoting Healthy Teen Relationships and Preventing Dating and Sexual Violence This 1-day training is designed to assist advocates, school personnel and other community partners in developing a comprehensive dating and sexual violence prevention program. This training is provided in your community and customized to meet your needs. Please contact them for a sample training agenda and budget. They now offer a certification for sites who complete the full program training. Cost: \$160.00 includes the Expect Respect Support Group curriculum, Safe Teens Youth Leadership curriculum, and School-Wide Prevention Strategies with respective facilitator guides. For more information contact Bari Rosenbluth, Senior Director of the Expect Respect program, at brosenbluth@safeaustin.org or 512.356.1628</p>

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<p>Flirting or Hurting By Nan Stein, et. Al</p> <p>Theory & Research-based curriculum by Knox County DELTA evaluation</p> <p>For grades 6-12</p>	<p>Offers a highly adaptable curriculum with 6-10 classroom lessons for grades 6-12. According to an evaluation of this curriculum conducted by the Ohio Domestic Violence Network, they recommend a preview of the accompanying video contained in the curriculum which may appear outdated (looks like 1980s.)</p>
<p>The Fourth “R”</p> <p>Evidence-based practice. This curriculum was rigorously evaluated by Wolfe & Colleagues in 2009.</p> <p>According to their website, this curriculum meets the Ministry and Department of Education learning expectations and outcomes</p>	<p><u>The Fourth “R”</u> program uses a whole-school, universal prevention approach by involving all adolescents in education about safety and risks, to better equip them with the skills they need to build healthy relationship and reduce risky behaviors (violence, bullying, unsafe sex, and substance abuse) among themselves and their peers. The program includes</p> <p><u>Healthy Physical Education (HPE)</u> (Grades 7-9) is a relationship-based approach program that strives to prevent adolescent violence and related risk behaviors such as: peer and dating violence, substance misuse, and unhealthy sexual behavior. The curriculum consists of (1) personal safety and injury prevention, (2) substance use, addictions, and related behaviors, (3) human development and sexual health, (4) healthy eating.</p> <p><u>English Curriculum</u> (Grades 9-12) aims to expand students’ understanding of effective communication, problem solving, and decision making by having students share ideas among their peers in group and whole class discussions. Conversations are sparked by providing students with materials to read (varies by grade) about specific content and encouraging them to think, talk, and write about those topics.</p> <p><u>Healthy Relationships Plus</u> (Ages 12-18) applies the same concepts of skill-building and awareness as they Fourth “R” programs but takes place outside of the classroom. The goal is to promote positive, healthy relationships to help prevent violence.</p> <p><u>Uniting Our Nations Indigenous Programs</u> (Grade 9) is very similar in context to the Fourth “R” programs but are different in cultural context. The inclusion of culturally-relevant experiences has been identified as a best practice in programming. An effective and important mechanism for supporting indigenous youth has been considered to be the implementation of mentoring.</p> <p>For purchase information, email thefourthr@uwo.ca or call 519.858.5154</p>
<p>From Adversaries to Allies: A Curriculum for Change By Hardy Girls Healthy Women</p> <p>For grades 6-8</p>	<p>Hardy Girls Healthy Women (HGHW) has a focus on the health and safety of girls and women. Their goal is for all girls and women to experience equality, independence, and safety in their everyday lives. <u>Hardy Girls programs, resources and services</u> have been informed by the latest research in girls' development. This curriculum is designed to create a safe and supportive space for girls to develop ideas, take action and experience the challenge of improving their schools and communities. The goals of the curriculum are to: create an active coalition of girls; provide activities and facilitation for group discussion; and supply girls with a foundation for social change.</p>

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	<p>HGHW believes in the importance of developing “hardiness” - a health psychology concept. It is a form of resilience that focuses on the kinds of relationships and communities that girls need to be able to grow and thrive. At the heart of this work is the view that girls can: be loyal and compassionate to each other; understand and question stereotypes and media messages that divide them; and choose to support rather than criticize each other.</p>
<p>Futures Without Violence www.futureswithoutviolence.org</p> <p>High school male athletes & coaches</p> <p>(Resources continues onto next page)</p>	<ul style="list-style-type: none"> • How to Talk to Teens About Dating Violence: A Guide for Parents • Model School and District Policies • Healthy Relationship Quiz • Hanging Out or Hooking Up Teen Materials • Fact Sheet: Emerging Issues Facing Teens and Tweens; Fact Sheet: The Connection Between Dating Violence and Unhealthy Behaviors; Fact Sheet: Teens and Tweens and Dating Violence; Fact Sheet: Understanding Teen Dating Violence. • Coaching Boys into Men or http://www.futureswithoutviolence.org/engaging-men/coaching-boys-into-men (CBIM) program Athletic coaches play an extremely influential and unique role in the lives of young men, often serving as a parent or mentor to the boys they coach. Because of these special relationships, coaches are uniquely poised to positively influence how young men think and behave both on, and off, the field. CBIM facilitates these connections by providing high school athletic coaches with the resources they need to promote respectful behavior among their players and help prevent relationship abuse, harassment, and sexual assault. The CBIM curriculum consists of a series of coach-to-athlete trainings that illustrate ways to model respect and promote healthy relationships. The CBIM card series instructs coaches on how to incorporate themes associated with teamwork, integrity, fair play, and respect into their daily practice and routine. • That’s Not Cool is a national public education campaign in partnership with the Department of Justice’s Office on Violence Against Women and the Advertising Council. That’s Not Cool partners with young people to raise awareness, educate, and organize tools to address dating violence within their communities. Their interactive website, tools, Respect Effect app, and resources give support to young people as they learn to recognize, avoid, and prevent dating violence in their lives. Their initiative uses online resources such as Facebook, Twitter, Instagram, and other apps/games to help teens to learn and practice healthy relationship skills and to “draw their digital line.” • Respect! Campaign promotes healthy relationships through positive role modeling and respect education by allowing parents, teachers, coaches, and other role models to gain access to tools and resources necessary to teach young people about respect in relationships.
<p>Gay, Straight, Lesbian, Education Network (GLSEN) http://www.glsen.org/educate/resources</p> <p>Ready, Set, Respect! Toolkit and more...</p>	<p>The Ready, Set, Respect! toolkit provides elementary educators with lessons on name-calling, bullying and bias, LGBT-inclusive family diversity and gender roles and diversity. The lessons are designed to be used either standalone or as part of a school-wide anti-bias or bullying prevention program.</p> <p>Other resources & curricula:</p> <ul style="list-style-type: none"> • Heather Has Two Mommies Turns 25 and Heather Still Has Two Mommies: And We Still Love Her

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<p>The listing of resources offered by GLSEN continues on the next page. You may also be interested in GLSEN's The 2013 National School Climate Survey: Key Findings on the Experiences of Lesbian, Gay, Bisexual and Transgender Youth in Our Nation's Schools. There is an executive summary and a full report with infographics that can be downloaded.</p> <p>For elementary school & grades 6-12</p>	<ul style="list-style-type: none"> • LGBT History Month is the perfect time to make a special effort to include LGBT content in lessons and activities. Check out GLSEN's user-friendly classroom materials. • Valentine Road: Watch, Discuss and Act - Valentine Road depicts the tragic story of a teenager shot and killed by a classmate in 2008. Find out how you can use the film to make your school community safer and more respectful for all. • Celebrate NEA's Read Across America: Lessons for Grades K-5 - Six terrific literature-based lesson plans for using LGBT-themed literature in the elementary classroom. • ThinkB4YouSpeak Guide for Educators of Grades 6-12 - Have you heard your students say, "That's SO gay!?" Use captivating videos, lessons and resources from ThinkB4YouSpeak to address the negative consequences of anti-LGBT language. • LGBT Pride Month Guide for Educators - June is LGBT Pride Month, a perfect opportunity to discuss history, identity and respect in your classroom. Get started with this guide and let the rainbow flags fly! • Alan Turning: True to Himself provides secondary educators with student handouts, suggested discussion questions, extension ideas and additional resources to help students learn more about this extraordinary man and the context in which he lived. • ELA and History Resource: Matthew Shepard (Grades 9-12): commemorate the life of Matthew Shepard and support your LGBT students with this resource and lesson plan. • Unheard Voices: Stories and Lessons for grades 6-12: integrate LGBT history, people, and themes into your curriculum with unheard voices. Created by GLSEN, the Anti-Defamation League (ADL) and StoryCorps. <p>LGBT – Inclusive Curriculum Guide for Educators: make your curriculum LGBT inclusive and meet common core standards.</p>
<p>Gender Violence/Gender Justice By Nan Stein, et.al</p> <p>Theory & research-based curriculum</p> <p>For grades 7-12</p>	<p>This curriculum offers an interdisciplinary teaching guide for teachers of English, Literature, Social Studies, Psychology, Health, Peer Counseling, and Family and Consumer Sciences for students in grades 7-12. The purpose of this teaching guide is to explore power, inequities, and violence in relationships as well as friendship, interventions, justice, and courage in relationships. The large subject of gender violence, which includes hazing, sexual harassment, and sexual assault, can be deepened, reinforced and strengthened by connections to and infusion into social studies and humanities courses.</p> <p>http://www.amazon.com/Gender-Violence-Justice-Interdisciplinary-Literature/dp/0964192136 Purchase price under \$20.</p>
<p>Green Dot Campaign</p> <p>Evidence-based curriculum</p>	<p>The Green Dot Violence Prevention Strategy is a comprehensive, community mobilization strategy, built to effectively reduce power-based personal violence (i.e., sexual assault, dating/domestic violence, and stalking) by engaging community members in realistic reactive and proactive bystander behaviors. Implementation of the Green Dot Strategy includes interactive workshops from 60 minutes to six hours, social marketing, community mobilization events, and deliberate distribution and exposure to key elements of the strategy. To become</p>

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For college, high schools & middle schools.	certified to implement the Green Dot Violence Prevention in communities, colleges, high schools, or middle schools, teams attend a 4-day Instructor Training. For more information, please visit www.Alteristic.org or contact Lea Hegge, Vice President of Programs, at 571.319.0354 or email hegge@alteristic.org .
Hollaback!	Hollaback! Provides bystander intervention trainings which include: online harassment and digital security, harassment in public places, movement building, and other themes through digital training. For more information contact holla@ihollaback.org
How's Your Relationship? Developed by the Washington State Coalition Against Domestic Violence For adults	This card series was created to educate adults on how to talk with teens about healthy relationships. The colorful, laminated cards feature eye-catching graphics. They're stacked on an easy-to-carry ring. There are two categories: How's Your Relationship? Chat About Love Cards and Conversations About Abusive Behavior. Both of these categories help give tips to others about how to talk with people in their lives about these topics. View the cards: http://wscadv.myshopify.com/products/how-s-your-relationship-conversation-cards .
I Can Make My World a Safer Place By Paul Kivel For ages 6-11	I Can Make My World A Safer Place is a kid's cartoon workbook about stopping violence. The new release includes topics such as teasing and bullies, fights, gangs and weapons, anger, drugs and suicide, child abuse, domestic violence, and war. It engages young people (ages 6-11) to think about what they can do to encourage peace at home, in their neighborhood and in the world. To order the book, visit http://paulkivel.com/books/i-can-make-my-world-a-safer-place .
In Touch with Teens By Peace Over Violence	In Touch with Teens is a curriculum comprised of 11 units that strives to empower youth to engage in healthy relationships, by educating them on power and control, what the elements of healthy relationships and sexuality are, media literacy, sexual harassment, sexual assault, and dating violence. How to develop pro-social skills such as empathy, impulse control, effective communication, problem solving, and bystander accountability are also addressed within the curriculum.
It's Your Game... Keep It Real (IYG) For middle school	It's Your Game: Risk Reduction - An Evidence-Based Comprehensive Program It's Your Game...Keep it Real (IYG) is a classroom- and computer-based program for middle school youth. The curriculum is grounded in theory and was developed to prevent teen pregnancy and sexually transmitted diseases (STDs), including HIV. IYG emphasizes abstinence but also teaches students how to protect themselves from pregnancy and STDs using medically accurate information.
Jewish Women International www.jwi.org Strong Girls, Healthy Relationships And When Push Comes to Shove...It's No Longer Love® Both curricula are theory & research-based. For girls ages 12-15	Strong Girls, Healthy Relationships is a structured curriculum that provides a safe place for teen girls (ages 12-15) to talk about dating and friendships, their insecurities and the pressures they face, all within a Jewish context. JWI recognizes that while not all adolescent girls are participating in intimate relationships, they are continuously receiving subtle and explicit messages from friends, family, the media and pop culture about what it means to be 'in a relationship.' They need opportunities to talk about these messages and to articulate what they imagine for themselves. This program incorporates dating abuse into the discussion of healthy relationships. The program is composed of six two-hour girl-only sessions that should be led by a female facilitator. Each participant receives a journal/workbook which is used throughout the curriculum for the exercises and as a place to record her own thoughts as she moves through the program.

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<p>(Resources continue onto next page)</p>	<p>Each session focuses on a different topic:</p> <ul style="list-style-type: none"> • Session One: The Language of Relationship helps participants develop the language to talk about relationships. • Session Two: What Does the Word Relationship Mean to Me? explores how pressures and cultural messages might lead teenage girls to feel confused as to what it is that they want from a dating relationship. • Session Three: What are Healthy and Unhealthy/Abusive Relationships? explores the dynamics of relationships using JWI’s film When Push Comes to Shove...It’s No Longer Love®. • Session Four: The Role of Female Friendships helps teens to recognize the ways in which female friends serve as confidants and support in their lives. • Session Five: Who Am I and What Do I Bring to a Relationship/Friendship? helps participants articulate who they are and the unique qualities they contribute to a relationship. • Session Six: What Do I See For My Future? helps girls visualize their futures, and think about how to find the people who support them in achieving their goals. <p>See more at: http://www.jwi.org/page.aspx?pid=319#sthash.LIXewZue.dpuf</p> <p>When Push Comes to Shove...It’s No Longer Love!® is a 1.5-hour long program designed to teach teens, young adults and college students about unhealthy and abusive relationships. The newly updated discussion guide takes participants through a combination of interactive exercises, guided discussions, text studies, and a short film that help them explore the dynamics of relationships, learn to recognize and respond to warning signs of an abusive relationship, and create action steps for raising awareness and working to end dating abuse. See more at: http://www.jwi.org/page.aspx?pid=364#sthash.AEDbrBLB.dpuf</p>
<p>Life Skills Training</p> <p>For elementary, middle & high school</p>	<p>Life Skills Training (LST), is a school-based program that aims to prevent alcohol, tobacco, and marijuana use and violence by targeting the major social and psychological factors that promote the initiation of substance use and other risky behaviors. LST is designed to provide information relevant to the important life transitions adolescents and young teens face using culturally sensitive and developmentally and age-appropriate language and content. LST offers separate programs for elementary school (grades 3-6), middle school (grades 6-9), and high school (grades 9 or 10) along with the transitions programs for ages 16+. LST is designated as a Model Program by the Substance Abuse and Mental Health Services Administration and Blueprints for Violence Prevention. The program is available for purchase from the publisher.</p>
<p>Love – All That and More</p> <p>Theory & research-based program integrates aspects of various evidence-based programs.</p> <p>For grades 7-12</p>	<p>This curriculum was developed by the Faith Trust Institute for students in grades 7-12. There are some great materials in this curriculum and there is definitely flexibility with the content. There are guides for working in non-faith based settings, as well as different considerations for working with Christian or Jewish communities. This program promotes safe, healthy relationships and supports teens in taking action to overcome violence and abuse. The six-session curriculum (50 minutes each) contains lesson plans with background materials on healthy and abusive relationships, discussion questions, interactive follow- up activities, and suggestions for the facilitator.</p> <p><i>Love - All That and More</i> DVD program includes:</p>

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	<p>Six-session curriculum Facilitator's guide for use with Christian youth or Jewish youth (public school version also available) Three DVD segments: What Do You Want? (22 minutes); Let's Talk about Sex (19 minutes); Putting It All Together (23 minutes) See more at: http://www.faithtrustinstitute.org/store/01tA0000000M7rhIAC#sthash.bs30v3I9.dpu</p>
<p>Love is Not Abuse: A Teen Dating Violence and Abuse Prevention Curriculum High School Edition For grades 9-12</p>	<p>This curriculum is targeting students in grades 9-12. It includes 4 lessons (45 minutes each) and covers: What Is Dating Abuse? The Pattern of Abuse in Dating Relationships; Digital Abuse in Dating Relationships; and Ending Teen Dating Abuse. Background information for the classroom teacher is included for the highly interactive student activities. These activities include student handouts and homework assignments plus a bibliography and resources. To download a copy of the free curriculum, you must first register on this website: www.lovedignity.com. Video and multimedia resources can be found on this website.</p>
<p>#MeTooK12 By Stop Sexual Assault in Schools For grades K-12</p>	<p>Stop Sexual Assault in Schools is a non-profit organization founded by parents who say their daughter was raped by a classmate while on a mandatory school trip. #MeTooK12 strives to broaden conversation about sexual harassment and violence by enforcing Title IX among K-12 schools. They believe schools should confront problematic behaviors early on and promote equality, respect, and healthy relationships. For more information click here: www.csmonitor.com/EqualEd/2018/0118/MeTooK12-New-Campaign-Raises-Awareness-About-Rights-At-School.</p>
<p>Mentors in Violence Prevention Evidence-based practice, quasi-experimental, pre-test/post-test survey design with comparison groups. For athletes & student leaders</p>	<p>Mentors in Violence Prevention (MVP) was created by Jackson Katz at Northeastern University 1993. A peer education/leadership training program that motivates student athletes and student leaders to play a central role in preventing violence against women. The MVP program views student athletes and student leaders not as potential perpetrator or victims, but as empowered bystanders who can interrupt and challenge sexist and abusive attitudes and behaviors among peers. Basic training is 12-14 hours or 6-7 hours with 2 hour sessions. Also offers a train-the-trainer component. Evaluation research: http://www.courtinnovation.org/sites/default/files/MVP_evaluation.pdf</p>

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<p>Men Can Stop Rape www.mencanstoprape.org</p> <p>Men in high school, college & community</p> <p>(Resources continue onto next page)</p>	<p>High School The MOST Clubs curriculum was developed to raise young men’s awareness of the importance of male involvement in rape prevention as well as how they can serve as allies to women and girls. It targets high school males and runs for 22 weeks. This program aims to challenge hyper- masculinity and gender-based violence through a social group work model. Includes outcome evaluation tools that align with the curriculum. This program depends upon trained facilitators and training can be costly for some organizations. Promising Practice as established by program evaluation conducted by the CDC.</p> <p>College The Strength Campaign reaches young men at every level of the Social -Ecological Model. MCSR’s youth development programs, the Men of Strength (MOST) Club in middle and high schools and Campus Men of Strength Club in colleges and universities, work at the individual level by helping members to build a healthier masculinity. These young men, in turn, go on to work at the relationship level by positively influencing peers, teachers, and family. They next work at the community level when they implement a Community Strength Project designed to have an impact on their entire school. Finally, MCSR’s public awareness campaigns, launched city, state, or nationwide, influences social norms at the societal level. http://www.mencanstoprape.org/A-Comprehensive- Approach-The-Strength-Campaign</p> <p>Young Men in the Community The Strength Campaign reaches young men at every level of the Social -Ecological Model. MCSR’s youth development programs, the Men of Strength (MOST) Club in middle and high schools and Campus Men of Strength Club in colleges and universities, work at the individual level by helping members to build a healthier masculinity. These young men, in turn, go on to work at the relationship level by positively influencing peers, teachers, and family. They next work at the community level when they implement a Community Strength Project designed to have an impact on their entire school. Finally, MCSR’s public awareness campaigns, launched city, state, or nationwide, influences social norms at the societal level. http://www.mencanstoprape.org/A-Comprehensive- Approach-The-Strength-Campaign</p>
<p>National Alliance to End Sexual Violence (NAESV) https://www.endsexualviolence.org/</p>	<p>The primary mission of NAESV is to give a voice to state coalitions and local programs in Washington. NAESV provides resources and support to these programs organizing and advocating for sexual violence and survivors.</p> <p>For more information visit https://www.endsexualviolence.org/resources/</p>
<p>National Child Abuse Prevention</p>	<p>This website: www.childwelfare.gov, is full of resources for parents and students that that can help them learn how to build healthy family connections and prevent abuse.</p>
<p>National Child Traumatic Stress Network</p> <p>For mental health professionals</p>	<p>The audience for these trainings posted by this organization are primarily social workers, therapists, and other behavioral professionals. It focuses on the trauma experienced by children and adolescents exposed to, or suffering from, domestic violence. http://www.nctsn.org/resources/training-and- education/</p>

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<p>National Center for Victims of Crime</p> <p>For teens</p>	<p>National Center for Victims of Crime provides help for crime victims, programs, training, and resources. Part of their Teen Tools series, the Bulletins for Teens explain how to recognize a crime, what emotions to expect, and how to receive or give help. Download the Teen Action Toolkit: Building a Youth-led Response to Teen Victimization for the complete Teen Tools series and practical guidance on how to create outreach projects involving youth. The Stalking Resource Center is also part of this organization.</p>
<p>National Center on Safe Supportive Learning Environments</p> <p>For staff working with upper middle & high school communities & some lower middle school communities</p>	<p>Preventing, Assessing, and Intervening in Teen Dating Abuse: A Training for Specialized Instructional Support Personnel – Get Smart, Get Help, Get Safe. This training aims to provide information and skills to identify, assess, effectively intervene in, and prevent teenage dating abuse. Sections of this curriculum include a discussion of roles of service providers, levels of providing service, assessment of healthy and abusive relationships, interventions for students at- risk, sample policies, working with the alleged perpetrator, sample Stay-Away Agreement, and strategies designed to change norms.</p>
<p>National Indigenous Women’s Resource Center www.niwrc.org Native Love Launch and Native Teens: Meeting Them Where They Are & Promoting Their Leadership</p> <p>For Native teens</p> <p>(Resources continues onto next page)</p>	<p>Native Love This organization provides resources for Native American persons dealing with domestic violence. Click on the “Youth Info” tab for teen information. Webinar Slides: www.niwrc.org/sites/default/files/documents/Event/Handout%20PPT%20NativeLove%20Webinar%20Feb%2029%202016.pdf Toolkit: www.niwrc.org/sites/default/files/documents/Event/NIWRC%20TDVAM-Toolkit.pdf FAQ: www.niwrc.org/sites/default/files/documents/Evet/NativeLove%20Project%20FAQs.pdf</p> <p>The Native Love webinar is the inception and announcement of an exciting 8 month project [sponsored by Verizon] to enhance youth voices of what Native Love means to them. The Native Love campaign hopes to galvanize our Native youth and lend volume to their voices in recognizing sacred and healthy relationships by engaging them in a positive way with interactive contests joined by Native celebrity champions and role models. The webinar will describe the project, provide a toolkit for educators including an outline on healthy relationships for native youth, describe promotional materials and provide important tools and resources for Native youth within your tribal nation/community/village including details about contests for youth participation. What does Native Love mean to you?</p> <p>Native Teens: Meeting Them Where They Are & Promoting Their Leadership Resource: www.niwrc.org/resources/native-teens-meeting-them-where-they-are-and-promoting-their-leadership</p> <p>This webinar will focus on efforts to engage Native youth in becoming part of the solution to ending violence in their communities. There are many different promising practices taking place across the United States that work to galvanize Native youth action and create change to help end violence and restore safety to Native women, children, and communities. This webinar will highlight some of these</p>

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	programs and campaigns. Contact the organization directly for pricing information for classroom use, public performance, and streaming license.
National Online Resource Center on Violence Against Women (VAW)	This website is a great first place to start when needing the latest research and trends. They use collaborative and multi-level approaches to the prevention of and respond to teen dating violence. For more information click here: https://vawnet.org/sc/preventing-and-responding-teen-dating-violence .
National Resource Center on Domestic Violence For advocates	Runaway & Homeless Youth and Relationship Violence Toolkit was developed by and for advocates in the runaway and homeless youth (RHY) and domestic and sexual assault (DV/SA) fields to help programs better address relationship violence with runaway and homeless youth. In this Toolkit, DV/SA providers will find information designed to increase their understanding of runaway and homeless youth and the network of programs and services working with them and, conversely, RHY providers will find resources on intimate partner violence and the programs and networks that provide protections and support to victims of violence. http://www.nrcdv.org/rhydvtoolkit
National School Climate Center Bully Prevention For educators & peer leaders	Offers tool kits for educators and peer leaders, as well as information about preparedness and policies: http://www.schoolclimate.org/
National Sexual Violence Resource Center	This website offers information and resources regarding all aspects of sexual violence. The NSVRC works to address the causes and impact of sexual violence through collaboration, prevention efforts, and the distribution of resources. http://www.nsvrc.org/publications/online-special-collections and an online training section: http://campus.nsvrc.org then search by topic.
The Native American Women's Health Education Resource Center For Native American girls	Their curriculum, " Teen Dating Violence Prevention Curriculum and Workbook for Native American Girls " was developed from presentations and exercises given to the support group. Consisting of a Personal Workbook and Facilitator's Guide, emphasizes an early prevention framework seeking to empower youth with information on dating violence to avoid, recognize, and escape abusive situations. It also includes exercises to help survivors of abuse deal with their experiences and heal. Topics include qualities of a healthy relationship, setting boundaries, assertiveness and communication, danger signs, defining abuse, gender stereotypes, what to do in case of assault, legal rights, understanding feelings, and dealing with trauma.
PATHS® For preschool, kindergarten, & grades 1-6	PATHS® , Promoting Alternative-Thinking Strategies, is a teacher-led classroom curricula designed to enhance socio-emotional development and reduce aggression and other problem behaviors. PATHS® curricula is available for preschool, kindergarten, and first through sixth grade. Designated as a Model Program by the Substance Abuse and Mental Health Services Administration, What Works Clearinghouse, and Blueprints for Violence Prevention. The curriculum is available for purchase from the publisher.

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Personal Empowerment through Self Awareness (PETA) For college	<p>PETA—<i>Personal Empowerment through Self Awareness</i>—features videos that deal frankly with sexual assault and rape. They are designed to be informative and educational. The videos emerged out of a multidisciplinary team effort at The University of Montana, comprised of faculty, staff and students, and are based on rape and sexual assault reduction and prevention data.</p> <p>PETA is an online tutorial in Moodle that comprises a number of short videos and a quiz. It takes 20-30 minutes to complete. All students must complete the tutorial before registering for future semester courses. The topics include: What You Should Know, A Rape Prone Culture, and Risk Reduction for Everyone. For more information contact petsa@umontana.edu</p>
Positive Action Program For grades K-12	<p>The Positive Action Program is an integrated and comprehensive program that is designed to improve academic achievement; school attendance; and problem behaviors such as substance use, violence, suspensions, disruptive behaviors, dropping out, and sexual behavior. Program components include grade-specific curriculum kits for kindergarten through 12th grade, drug education kits, a conflict resolution kit, site-wide climate development kits for elementary and secondary school levels, a counselor's kit, a family kit, and a community kit. All the components and their parts can be used separately or in any combination and are designed to reinforce and support one another. Designated as a Model Program by the Substance Abuse and Mental Health Services Administration and the What Works Clearinghouse. The program is available for purchase from the publisher.</p>
Rape, Abuse and Incest National Network (RAINN)	<p>RAINN is the biggest anti-sexual violence organization in the nation. They created and are in charge of operating the National Sexual Assault Hotline (800.656.HOPE) and offer information on safety and prevention here: www.rainn.org/safety-prevention. To get more information on how to get involved with RAINN visit: www.rainn.org/get-involved.</p>
The Red Flag Campaign A project of the Virginia Sexual & Domestic Violence Alliance For college	<p>The Red Flag Campaign is a public awareness campaign designed to address dating violence and promote the prevention of dating violence on college campuses. The campaign was created using a “bystander intervention” strategy, encouraging friends and other campus community members to “say something” when they see warning signs – red flags – for dating violence in a friend’s relationship.</p>
Responding in Peaceful and Positive Ways (RiPP) For grades 6-7	<p>Responding in Peaceful and Positive Ways (RiPP) is a school-based violence prevention program for middle school students. RiPP sessions are taught in the classroom by a school-based prevention specialist and are typically incorporated into existing social studies, health, or science classes. The curriculum is comprised on 12 sessions and focuses on skill building using the acronym RSLV which stands for Respect others, Speak clearly, Listen to yourself, and Value the friendship. Designated as a Model Program by the Substance Abuse and Mental Health Services Administration. This program is available for purchase from the publisher.</p>
Respect Works! By Break the Cycle and Hazelden Publishing Advocacy and evidence-based For teens	<p>Break the Cycle and Hazelden Publishing combined their top resources to offer a comprehensive, best practices model that empowers educators and students to make a difference. Here’s how it works:</p> <ol style="list-style-type: none"> 1) Develop a comprehensive school policy that address teen dating violence. 2) Educate students about dating abuse and how to recognize the difference between caring, supportive relationships and controlling, manipulative ones through Hazelden’s <i>Safe Dates</i>. 3) Reinforce student learning with Break the Cycle’s interactive [Ending Violence] program, designed to educate students about their rights and responsibilities in dating relationships.

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	<p>4) Activate student leadership on the issue.</p> <p>For more information visit: https://www.teendvmonth.org/resources/for-educators/</p>
<p>Safe@Last: A Personal Safety Curriculum for Students</p> <p>Developed by the Sexual Assault Center Counseling & Education. Organization based in Tennessee.</p> <p>For grades K-6</p>	<p>Safe@Last is a sexual assault primary prevention curriculum designed for students in Kindergarten through sixth grades with age appropriate, sequential and comprehensive education presented in an interactive web-based learning environment for both children and educators. Curriculum topics include: respect; safe and unsafe touches; secrets & surprises; assertive skills; qualities of safe people; disclosure skills; decision making skills and setting goals for the future; how to respond to peer pressure; luring techniques used by groomers; internet and social media safety; and flirting vs. harassment. Teaching techniques include: sequential and age-appropriate; teachers have a script to follow; role-plays for students; engaging stories for each grade with discussion questions; fun, catchy songs for students to follow-along; what would you do? scenarios; interactive, online workbooks; and review games. Safe@Last does not teach about sex or names private parts.</p> <p>For more information, contact Kim Janecek, Education Curriculum Manager, 615.259.9055 ext. 314 or safeatlastsample@gmail.com; http://www.sacenter.org; www.besafeatlast.com</p>
<p>Safe Dates</p> <p>Evidence-based Curriculum</p> <p>For middle & high school</p>	<p>This curriculum is available from Hazelden Publishers. Highly engaging and interactive, <i>Safe Dates</i> helps teens recognize the difference between caring, supportive relationships and controlling, manipulative, or abusive dating relationships. Designated as a Model Program by the Substance Abuse and Mental Health Services Administration. In 2006, <i>Safe Dates</i> was selected for the National Registry of Evidence-based Programs and Practices (NREPP), and received high ratings on all criteria.</p> <p>The intended audience is for middle and high school students and includes 9 sessions, 50 minutes in length with additional play and parent components. This is the only teen dating violence curriculum recognized by the Substance Abuse and Mental Health Services Administration (SAMHSA) as a model program. For the definition of a model program visit the SAMHSA website: www.samhsa.gov. \$225.00 for the 2nd edition.</p>
<p>Shifting Boundaries: Lessons on Relationships for Students in Middle School</p> <p>By Nan Stein, et. al Wellesley Centers for Women Evidence-based Program</p> <p>For middle school</p>	<p>Shifting Boundaries has both a classroom component and a component for school-wide programming. Created in 2001, it is designed to reduce dating violence and sexual harassment among middle school students. It highlights the consequences for abusers of dating and sexual abuse behavior. It also points out unsafe areas within the school that teachers can watch more closely. The program aims to: increase knowledge and awareness of sexual abuse and harassment; promote pro-social attitudes and a negative view of dating violence and sexual harassment; promote nonviolent behavioral intentions in bystanders; reduce the occurrence of dating and peer violence; and reduce the occurrence of sexual harassment. http://www.wcwonline.org/Active-Researchers/nan-stein-edd</p>
<p>Stand4Respect</p> <p>By Indian Coalition Against Domestic Violence</p> <p>For adults</p>	<p>Stand4Respect urges adults to work for and with kids in preventing teen dating violence and sexual abuse. Strategies for warning kids about red flags and risks for dating violence and abusive relationships have limited success. Stand4Respect believes adults must work to eliminate those risks rather than trying to teach kids how to avoid them. "By working together, we can use our knowledge, partnerships, resources and determination to ensure that the spaces that our kids occupy are safe, and to establish respectful relationships as the expected norm. 4 website sections/tabs contain concrete approaches and resources: Talk With Us; Listen To Us; Show Us; and Stand 4 Us.</p>

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<p>Step-Up</p> <p>For teens who have been violent to parents, also includes sessions for parents.</p>	<p>The Step-Up curriculum is designed for counselors who facilitate groups with teens who have been violent towards a parent or family member. The curriculum uses a cognitive behavioral approach to help teens stop the use of violent and abusive behaviors and teaches nonviolent, respectful ways of communicating and resolving conflict with family members. The curriculum also includes materials for a parent group where parents learn how to respond to violence in the home, get support from other parents and gain new skills for parenting teenagers. The curriculum is designed to include parents at the beginning of each group session and then separate into a parent group and teen group or stay together for the session to work on learning a skill together. The curriculum assumes the teens have been arrested with a domestic violence charge and are court mandated to attend a counseling program.</p> <p>The curriculum has 21 sessions to be completed in approximately 24 group sessions (some sessions take more than 1 session to complete). Group facilitators can, of course, change the number of sessions to suit time limitations and select session material they find useful.</p> <p>Treating adolescent violence against parents is both intervention and prevention. Domestic violence treatment for teens, such as the Step-Up program, can stop the use of violent behaviors in the home where family members have a right to feel safe and protected from harm. Providing intervention to teens who use violence in the home also prevents domestic violence in their future relationships with intimate partners.</p> <p>http://www.mincava.umn.edu/documents/stepup/intro/stepupintroduction.html</p>
<p>Step Up! Sexual Assault Bystander Intervention</p> <p>For college</p>	<p>Developed by the University of Arizona, STEP UP! is a pro-social behavior and bystander intervention program that educates students to be proactive in helping others. The site include scenarios, questions, definitions, and considerations, action steps and resources.</p>
<p>StopBullying.gov</p>	<p>The Bullying Prevention Training Module Presentation is a research-based resource that can help you lead bullying prevention efforts in your local community http://www.stopbullying.gov/prevention/training-center/index/html</p>
<p>Take A Stand FOR Healthy Relationships</p> <p>By the National Coalition Against Domestic Violence & Discovery Education</p> <p>For grades K-12</p>	<p>Young people will be empowered to <i>Take a Stand For Healthy Relationships</i> by being provided with educational resources that encourages them to exercise communication and self-awareness skills.</p> <p>www.Teens4HealthyRelationships.com is comprised of standards-aligned curriculum, immersive program tools, self-paced modules and lesson plans that will help students learn how to recognize healthy qualities and behaviors in relationships.</p> <p>NCADV hosted a webinar to introduce and explore the curriculum which can be found here. Additionally, they published a blog post, "Three Warning Signs Your Student is Experiencing Abuse & Three Things You Can Do to Help". If anyone is interested in becoming a pilot educator to help implement the Take A Stand FOR Healthy Relationships curriculum in their classrooms click here.</p>
<p>Teen Dating Violence Month (February)</p>	<p>Use this site to build your resource list on teen dating violence: http://www.teendvmonth.org/resources. Materials are updated annually.</p>

Organization and Grade/Age Audience	Presentation Description and Contact Information
Teens Experiencing Abusive Relationships (T.E.A.R.) For teens	This organization offers educational and interactive resources in the form of a complete curriculum. It includes over 3 hours of activities ~ 15 corresponding handouts ~ online media clips ~ general information on dating violence ~ instructions on how to use the curriculum ~ helpful hints for conducting presentations ~ victim safety information ~ resources ~ and more! This curriculum is available for purchase \$175. http://www.teensagainstabuse.org/index.php?q=donate
THE LINE Campaign	THE LINE campaign is an educational and interactive digital space that fosters dialogue about sexual boundaries and consent, and empowers young men and women to discuss complex scenarios about healthy relationships and sex. This campaign encompasses a lot of related issues: men's violence prevention, women's groups, public and sexual health, student life, LGBTQ issues, etc. Included in this campaign is a 24-minute documentary about a young woman – the filmmaker – who is raped, but her story isn't cut and dry. Not a "perfect victim," the filmmaker confronts her attacker, recording the conversation with a hidden camera. Sex workers, survivors, and activists discuss justice, accountability and today's "rape culture." The film asks the question: where is the line defining consent? For more information, visit http://whereisyourline.org To learn more about all their programs, http://whereisyourline.org/programs UNLV has this documentary.
Things Aren't Always What You See Campaign For young women & men	The Things Aren't Always What You See Campaign was created when a survivor reached out and spoke about her personal experience of dating abuse in high school. The goal of the campaign is to give information to young people who are experiencing unhealthy and even abusive relationships that they may identify as "drama." Young people are encouraged to spread the message throughout their communities that everyone deserves a healthy relationship.
Ugly Ducklings Campaign: A Resource for Adults and Youth By the Hardy Girls Healthy Women, Greater Waterville Community for Children & Youth with Carolyn Gage	This multi-media resource is designed to educate and inspire people to take action against the bullying of lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth. The resource is the result of a 2006 partnership, when the creators teamed with playwright Carolyn Gage to stage her award-winning play, Ugly Ducklings. The documentary film highlights homophobia, bullying and harassment. It weaves together scenes from the rehearsal and play with interviews with the female actors, parents and local experts on gender issues. The play also focuses on issues that led some to suicidal thoughts and suicide attempts. The Community Action Kit includes: documentary film; tips; discussion questions; activities; and resources for creating safe, equal space for LGBTQ youth. The goals for Ugly Ducklings are to: educate and inspire people to take action against bullying and to protect children from the violence that can lead to self-harm, including suicide.
Washington Coalition of Sexual Assault Program	WCSAP provides information, training, and expertise to program and individual members who support victims, family and friends, the general public, and all those whose lives have been affected by sexual assault. To read about their trainings and events visit: www.wcsap.org/events
What's Ok At Home? By the Domestic Violence Resource Centre	The Domestic Violence Resource Centre's What's Ok At Home? site provides websites, videos, apps, brochures, posters, and much more to educate others on what family violence is, why it occurs, how to recognize it, and how to offer assistance to those experiencing it. They have different sites based on age groups to give them information better suited for their age.

Organization and Grade/Age Audience	Presentation Description and Contact Information
<p>Where's Your Line? By SAFE Alliance For grades 10-12</p>	<p>Expect Respect's Theatre for Dialogue Program, "Where's Your Line?" is a dating abuse program that tells the story of Eli and Maya (two seniors) and how their relationship is strained by the stresses of applying to college and how it could be changed. The audience is encouraged to become engaged by identifying healthy and unhealthy dating behaviors, learning how to create boundaries, and gain tools to navigate problems in relationships. About 25-75 students may be accommodated. To book a performance contact Meg Greene, MFA (Educational Theatre Manager) at mgreene@safeaustin.org</p>
<p>White Ribbon Campaign http://whiteribbon.ca For men & boys</p>	<p>In 1991, after the brutal mass shooting of 14 female students at the University of Montreal, a handful of men in Canada decided they had a responsibility to urge men to speak out against violence against women. Since then this campaign, run by and aimed at men, has grown into an international effort. Wearing a white ribbon is a symbol of men's opposition to men's violence against women. It is a personal pledge never to commit, condone or remain silent about violence against women. Each year, men and boys are asked to wear a ribbon for one or two weeks, starting on November 25, the International Day for the Eradication of Violence Against Women. However, the White Ribbon Campaign (WRC) is also an educational organization that consistently works "to encourage reflection and discussion that leads to personal and collective action among men." This campaign is now in over 60 countries. Notable resources include a toolkit for engaging men and a guidebook for teachers and community leaders on promoting healthy relationships.</p>
<p>Young Men's Work: Stopping Violence and Building Community By Oakland Men's Project Allan Creighton and Paul Kivel Published by Hazelden For young men ages 14-19</p>	<p>Young Men's Work: Stopping Violence and Building Community is a curriculum for young men aged 14-19, designed to teach alternatives to violence and to celebrate and enhance their strength, experience, creativity and intelligence. Its purpose is to reinforce alternatives to destructive behavior and enable young men to: support each other's success; become stronger allies to their peers; and join the ongoing struggles for greater equality and social justice. Background of the Curriculum: The material grows out of the work of the Oakland Men's Project (OMP), which was begun in 1979 to address male violence. OMP was shaped by the voices of women working as advocates to prevent domestic and sexual violence and child sexual assault. While providing services to women, these advocates were also demanding a community response to male violence. As a result, OMP began this program for young men in their teens. There are 26 sessions including step by step instructions on how to conduct each section. Sessions 1-10 help young men identify abusive situations and understand violence and male socialization. Sessions 11-26 explore racial, cultural, and ethnic backgrounds; young men as allies; the impact fathers have on their sons; healthy sexual relationships; self-destructive behavior; alternative to violence; and alcohol and drug abuse. There are also 38 reproducible handouts to help participants confront their violent behavior, discover healthy ways to communicate, resolve conflicts peacefully, and build community.</p>

Organization and Grade/Age Audience	Presentation Description and Contact Information
<p>Young Women’s Lives: Building Self-Awareness for Life By M. Neil Myhand and Paul Kivel. Published by Hazelden</p> <p>For girls & young women ages 14-19</p>	<p>This curriculum helps young women ages 14 – 19 to: find personal strength and self-confidence; find better ways of addressing challenges; develop skills for staying safe in their lives; get resources to help end violence; connect to others in positive ways; get involved in community efforts to reduce violence against women. While this is an intervention tool, a few of the sessions and exercises have a prevention focus. It is a flexible curriculum that can be presented in: 21 sessions; 12 sessions with a violence focus; or 10 sessions as a general program. http://www.hazelden.org/OA_HTML/ibeCCTpItnDspRte.jsp?item=12664</p>
<p>Youth Over Violence A project of Peace Over Violence</p> <p>Evidence-informed & Asset-based</p> <p>For girls & young women ages 13-19</p> <p>(Continued onto next page)</p>	<p>In Touch With Teens is a nationally recognized model for violence prevention curriculums. Peace Over Violence staff and volunteers deliver public education across a broad range of audiences in the greater Los Angeles area. The 12 unit curriculum covers many facets of violence prevention, with an emphasis upon relationship violence and sexual assault and harassment. Presentations can be one or two units, or more extensive multi-session trainings are also available. Material is targeted towards teenage youth, and most of our trainings take place in middle and high schools within Southern California.</p> <p>Be Strong is an asset-based health promotion and violence prevention curriculum empowering young women ages 13-19. The curriculum builds on concepts of womanhood, respect, and positive relationships as a strategy for health promotion and violence prevention. <i>Be Strong</i> has been piloted and implemented in eight Los Angeles Unified School District schools during the 2008-9 school year. It is aligned with California Department of Education Academic Curriculum Standards and the 40 Developmental Assets for Adolescents (ages 12-18) identified by Search Institute. Also, the curriculum is evidence-informed by independent data analysis conducted by Harder & Co. Also available are POV facilitator trainings for organizations. Please contact trina@peaceoverviolence.org for more information. http://youthoverviolence.org/introducing-the-be-strong-curriculum%e2%80%8f</p>
<p>13 Reasons Why Netflix TV Show</p>	<p>13 Reasons Why is a TV show following a young teenager following the narratives of another young teenager who ended her life. The show is related MA for mature audiences, and covers many issues including depression, sexual assault, and suicide. For those who are struggling with any of these issues, the series may not be right for them or they may want to watch with a trusted adult. However, website includes crisis information, hotlines/helplines, and additional support/services through resources and advocacy organizations for suicide prevention, LGBTQ youth support, mental illness, substance abuse prevention and education, bullying, and gun violence.</p>