



NCEDSV
Nevada Coalition to **END** Domestic and Sexual Violence

The Nevada Coalition to End Domestic and Sexual Violence

presents:

BEYOND #METOO, UTILIZING MOMENTUM FOR CULTURAL CHANGE

SEPTEMBER 24 - 26, 2018

Golden Nugget Las Vegas

129 E. Fremont Street

Las Vegas, NV 89101



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DAY 1: SEPTEMBER 24, 2018

PRE-CONFERENCE

10:00 AM - 12:00 PM	Annual Membership Meeting	Bel Air II
12:00 PM - 1:00 PM	Registration	Lobby Area on Second Floor

PLENARY

1:00 PM - 1:15 PM	Opening Remarks by NCEDSV Executive Director Sue Meuschke	Pebble Beach II & III
1:15 PM - 2:15 PM	Plenary Juliette Grimmatt: Re-visioning Prevention in the #MeToo Era: Relationships, Research, and Community	Pebble Beach II & III

BREAKOUT SESSIONS

2:30 PM – 3:45 PM

Holly Ramella	<u>Abuse in Later Life: Maintaining an Empowerment-Based Model as a Mandated Reporter</u>	Pebble Beach II
Juliette Grimmatt	<u>History of Sexual Violence Prevention</u>	Pebble Beach III
Sybrina Bernabei	<u>Queer 2.0: Sex/Gender Diverse (LGBTQI+) Populations and Sexual Domestic Violence - Terminology</u>	St. Andrews
Dyana Thurgood & Megann Smith	<u>Working Together</u>	Turnberry

4:00 PM – 5:15 PM

Amanda Cuevas & Breezy Younkin	<u>How to Work with Difficult or Resisting Clients</u>	Pebble Beach II
Sara Hanafi & Jessica James	<u>Anti-Oppression: At the Intersections of Domestic and Sexual Violence</u>	Pebble Beach III
Kimberly Mull	<u>The Intersections Between Sex Trafficking and Domestic and Sexual Violence</u>	St. Andrews
Jill Baker-Tingey & Pamela Powell	<u>Heart and Shield: A Family Strength-Based Program to Prevent Domestic Violence</u>	Turnberry



DAY 1 PLENARY PRESENTER



Juliette Grimm, MPH, has over 23 years of professional experience creating and implementing gender-based violence prevention and response programs for colleges, communities, and schools. As Founder of Chrysalis Network, she provides consulting, education, and training on issues concerning sexual and dating violence. She previously worked on several college campuses, including the University of South Carolina, UNC-Chapel Hill (UNC-CH), and most recently NC State University, where she served as the Assistant Director of the Women's Center. Some of Juliette's recent work includes serving as the Consulting Producer of the documentary film MY MASCULINITY HELPS, as the CORE Constructs Consulting Developer for NASPA's Culture of Respect, and as the co-PI for a research study on sexual violence prevention and response programs on women's campuses. She currently serves on North Carolina's Domestic Violence Prevention Enhancements and Leadership through Alliances (DELTA) team, and on the North Carolina Sexual Violence Prevention Advisory Council as the Chair of the College and University Ad Hoc group. Through Chrysalis Network, Juliette organizes the annual Solving the Campus Sexual Assault & Dating Violence Puzzle Conference. Juliette is also a survivor of campus rape. In 2015, her story was featured in MORE Magazine, as well as on an episode of the Steve Harvey Show. Juliette holds a Master in Public Health degree in Health Behavior and Health Education from the University of North Carolina at Chapel Hill Gillings School of Global Public Health, grew up in Newton, Massachusetts and France, loves the Boston Red Sox, and most of all, spending time with her children Harper (9) and Sky (6) and her partner, Marc who teaches her to always lead with love.



DAY 2: SEPTEMBER 25, 2018

7:30 AM - 8:00 AM Registration

Lobby Area on 2nd Floor

PLENARY

8:00 AM - 9:00 AM	Plenary Megan Messerly and Michelle Rindels: Nevada, Journalism, and the #MeToo Movement	Pebble Beach II & III
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BREAKOUT SESSIONS

9:15 AM – 10:30 AM

Linda Lysakowski	<u>Build a 5 Star Board of Directors</u>	Pebble Beach II
Holly Reese	<u>Peeking Into the Second Closet - Recognizing and Addressing Gaps and Barriers to Services for the LGBTQ</u>	Pebble Beach III
Richard Egan	<u>Suicide Alertness for Everyone (PART 1)</u>	St. Andrews
Daysi R., Sandra Q., & Raquel R.	<u>A Basic Understanding of the Challenges Facing Immigrant Survivors Today</u>	Turnberry

10:45 AM – 12:00 PM

Claudia Chiang & Jennifer Guthrie	<u>Women of Color Survivors: Strategies for Resistance, Resilience, and Healing</u>	Pebble Beach II
Holly Ramella & Lisa Lynn Chapman	<u>Community Healing: Supporting the Support System</u>	Pebble Beach III
Richard Egan	<u>Suicide Alertness for Everyone (PART 2)</u>	St. Andrews
Katarina Pulver	<u>Effective Empathetic Communication</u>	Turnberry

12:00 PM – 1:45 PM Lunch Break

1:45 PM – 3:00 PM

Judy Henderson	<u>Preventing Relationship Abuse in Teens & Young Adults with Disabilities</u>	Pebble Beach II
Lisa Lynn Chapman	<u>Financial Safety Planning</u>	Pebble Beach III
Richard Egan	<u>Suicide Alertness for Everyone (PART 3)</u>	St. Andrews
Holly Hazlett-Stevens & Daniel Szoke	<u>Promoting Advocate Mindful Self-Care</u>	Turnberry

3:15 PM – 4:30 PM

Ashley Yuill & Cristina Hernandez	<u>Supporting Our Staff: Integrating Self-Care Policies & Procedures</u>	Pebble Beach II
Sara Hanafi & Jessica James	<u>Anti-Oppression: At the Intersections of Domestic and Sexual Violence (REPEAT)</u>	Pebble Beach III
Brooke Maylath	<u>Preventing and Reporting LGBTQ Elder Abuse</u>	St. Andrews
Daysi R., Sandra Q., & Raquel R.	<u>A Basic Understanding of the Challenges Facing Immigrant Survivors Today (REPEAT)</u>	Turnberry



DAY 2 PLENARY PRESENTERS



Megan is a reporter for *The Nevada Independent*. Before joining *The Nevada Independent*, Megan was a reporter at the *Las Vegas Sun*, where she covered the 2016 election as the paper's one-woman politics team. She also wrote magazine features for the Sun's sister publication, *The Sunday*.

Megan got her start covering politics as an intern for the *San Francisco Chronicle*, where she wrote about everything from protests over the Keystone XL pipeline to local reactions to U.S. Supreme Court decisions. She has a B.A. in English and Media Studies from the University of California, Berkeley, where she graduated magna cum laude and with honors in the English department.

At Berkeley, she was editor of the independent student newspaper, *The Daily Californian*, and worked with fellows at UC Berkeley's Investigative Reporting Program on her own projects. She also studied Mandarin while living in Beijing in summer 2014. Like many other journalists, she traces her beginnings in journalism back to high school, where she was editor of her high school's magazine and yearbook.

Since becoming a political reporter, Megan has appeared on MSNBC, Fox News, KNPR, KUNR, Capital Public Radio, and Vegas PBS. In 2015, she won a first place award for community service from the Nevada Press Association for a piece on prescription drug abuse in Southern Nevada.

Megan was born and raised in Orange County, CA. Whenever she gets down time, she is often found flying to Iowa to see her mother or to Japan to visit her father. When not traveling, she enjoys reading, binge-watching her favorite shows on Netflix, and having dinner with friends. She also has a 5-year-old Dachshund mix named Moby who thinks he's the king and her apartment is his dominion.



Michelle is a reporter for *The Nevada Independent*. She spent six years at The Associated Press (AP) before joining *The Nevada Independent*. She alternated between Carson City and Las Vegas to cover the Legislature, campaigns, and Nevada and Utah breaking news for national and international audiences.

Prior to her tenure at the AP, Michelle was a staff writer for *The Union Newspaper* in Grass Valley, California, where she covered local government, education and religion beats. She had internships at the AP in Los Angeles, the *Argus Leader* in Sioux Falls, S.D., *Religion News Service* in Washington D.C., and *The Manteca Bulletin* in her hometown.

Michelle has a B.A. in Journalism and Spanish from Biola University, where she was an honors student and editor of the student newspaper. She studied Economics and Political Journalism for a summer at Georgetown University. She currently serves as financial officer on the board of the National Association of Hispanic Journalists.

Originally from California's Central Valley, Michelle is always up for an evening at the Smith Center and is quite possibly Craig Ranch Regional Park's biggest fan. She enjoys traveling, trying out new restaurants with family and friends, and a good cat GIF. She's the proud owner of a Siamese named Macy.



DAY 3: SEPTEMBER 26, 2018

8:30 AM - 9:00 AM	Registration	Lobby Area on Second Floor
9:00 AM - 10:00 AM	Plenary Monika Johnson Hostler: Utilizing Momentum for Cultural Change	Pebble Beach II & III

Breakout Sessions

10:15 AM – 11:30 AM

Sara Hanafi	<u>Step Up, Stop Violence!: An Introduction to Training Adolescent Students in Bystander Intervention</u>	Pebble Beach II
Esther Brown	<u>The Art of Self-Care</u>	Pebble Beach III
Monika Johnson Hostler	<u>Moving from Awareness to Prevention</u>	St. Andrews
Judy Henderson	<u>The Impact of Relationship Violence on the Workplace</u>	Turnberry

POST-CONFERENCE

11:30 AM – 12:00 PM

Lunch Registration and Silent Auction Preview	Grand
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12:00 PM – 2:00 PM Annual Award Luncheon



DAY 3 PLENARY PRESENTER



Monika Johnson Hostler is the Executive Director of the North Carolina Coalition Against Sexual Assault (NCCASA). NCCASA is the sole statewide alliance working to end sexual violence through education, advocacy and legislation. NCCASA represents 125 members including local rape crisis centers.

Prior to coming to NCCASA, Monika worked at the local rape crisis center in Scotland County as the Crisis Intervention Coordinator. Monika has been an activist in the social justice movement for over 15 years. In that time, she has presented on the issue of sexual violence to numerous communities including the Joint Task for the Sexual Assault Prevention and Response Military Academy subcommittee. NCCASA under Monika's leadership supported the first statewide effort to address human trafficking in NC. Monika was appointed to the NC Human Trafficking Commission. She has also worked abroad; she was a policy and program consultant to the Ministry of Gender Development for the Liberian government.

In addition to working on behalf of 90 rape crisis centers in North Carolina, Monika is a pivotal asset to the national sexual assault movement. She serves as the President of the National Alliance Ending Sexual Violence (NAESV). Monika was appointed by the Obama administration to serve on the National Advisory Committee on Violence Against Women.

In 2016 Monika was re-elected to the Wake County Board of Education to represent District 2. She is the current Chair of the Wake County Board of Education. She is also a member of several community and state level boards and commissions.

Monika has a master's degree in public administration and resides in Raleigh with her husband and daughter.



DESCRIPTION OF WORKSHOPS

Abuse in Later Life: Maintaining an Empowerment-Based Model as a Mandated Reporter

[Return to Day 1 Workshops](#)

This workshop will focus on how to navigate your role as a mandated reporter of elder abuse in a victim-centered and empowerment-based way. It will cover what to report, to whom, and how to prioritize your client's confidentiality and autonomy.

A Basic Understanding of the Challenges Facing Immigrant

[Return to Day 1 or Day 2 Workshops](#)

Survivors Today: Legal Rights and How to Help (U Visa and T Visa) This presentation is geared towards helping advocates understand options, rights, and the effects immigration policy has on the populations with which we work. Tools for empowerment and recommendations are highlighted. This political climate has brought on many fears for undocumented survivors and it is important to understand challenges faced by this population for best practices.

Anti-Oppression: At the Intersections of Domestic and Sexual Violence

[Return to Day 2 Workshops](#)

This training is designed to provide a shared understanding of oppressive theory and tactics, as well as the intersectional nature of oppression and violence. Attendees will develop skills in identifying oppression at interpersonal and structural levels, and what anti-oppressive practices look like in an advocacy context.

Build a 5 Star Board of Directors

[Return to Day 2 Workshops](#)

What makes some nonprofits successful while others seem to flounder when it comes to finding and keeping good board members? It starts with recruiting the right board members and continues by helping board members understand their role, making good use of their time, and educating them in the areas they need to be involved with: governance, leadership, fundraising, and assessment.

Community Healing: Supporting the Support System

[Return to Day 2 Workshops](#)

This workshop will talk about the different rings of support each survivor has and how we can provide direct services to each. Providing support for the community of survivors ultimately improves the support system of the survivor and their access to healing.

Effective Empathetic Communication

[Return to Day 2 Workshops](#)

This workshop explores the techniques required to be an effective empathetic communicator. Facilitators will open this workshop by exploring the basics of communication and the five skills necessary for effective communication. From there, facilitators examine what makes empathetic communication so unique.

Financial Safety Planning

[Return to Day 2 Workshops](#)

This workshop will provide advocates the tools to assist survivors in becoming self-sufficient. Topics will include: 1) getting the funds to leave; 2) budgeting; and 3) establishing credit--even without a Social Security number.

Heart & Shield: A Family Strength-Based Program to Prevent Domestic Violence

[Return to Day 1 Workshops](#)

This workshop will focus on Heart and Shield: A Family Violence Prevention Program developed in Churchill and Elko Counties. Participants will engage in a scenario-based exercise, stress management/self-care and family bonding activities; learn how the presenters used needs assessments to develop the program and collaborate with community partners. In addition, the presenters will discuss how the curriculum was developed for adult and child survivors, making cultural adaptations for Native American and Hispanic/Latino audiences in rural communities.

History of Sexual Violence Prevention

[Return to Day 1 Workshops](#)

This workshop will give you the opportunity to ask Juliette questions about her presentation and further discuss the history of sexual violence prevention.



How to Work with Difficult or Resisting Clients

[Return to Day 1 Workshops](#)

Since Safe Embrace was established, we have consistently taken on difficult cases of victims of domestic & sexual violence as well as sex trafficking. This workshop will help attendees learn unique approaches to working with clients when traditional methods leave them behind.

Moving from Awareness to Prevention

[Return to Day 3 Workshops](#)

This workshop will give you the opportunity to ask Monika questions about her presentation and further discuss the how the #MeToo Movement will promote cultural change in the future.

Peeking into the Second Closet – Recognizing and Addressing Gaps and

[Return to Day 2 Workshops](#)

Barriers to Services for the LGBTQ+ Community

LGBTQ+ Survivors are hesitant to report or ask for help when confronted with intimate partner violence or sexual violence. We will explore why there is so much silence from this population and how to support change to facilitate ending IPV/SV in our LGBTQ+ communities.

Preventing and Reporting LGTBQ Elder Abuse

[Return to Day 2 Workshops](#)

Unfortunately, shameful stories of discrimination and abuse of LGBTQ elders are too common. Fearing how they may be treated, many LGBTQ elders needing long-term care and services have felt the need to deny who they are. Rather than risk being abused or mistreated, they often do not seek the additional care and services they need. This workshop will bring awareness to the issues and struggles that need to be overcome.

Preventing Relationship Abuse in Teens and Young Adults with Disabilities

[Return to Day 2 Workshops](#)

This training will give attendees a basic understanding of disabilities and how teens and young adults are targeted for abuse. Intervention and prevention strategies will be discussed to ensure that teen and young adult survivors of relationship violence are receiving survivor-centered, trauma-informed assistance from domestic and sexual violence advocacy programs and disability service organizations.

Promoting Advocate Mindful Self-Care

[Return to Day 2 Workshops](#)

This workshop will introduce the new Promoting Advocate Mindful Self-care Program (PAMP), which was developed at UNR in collaboration with the local advocacy community. The aims of PAMP are to assess the needs of the larger Nevada advocacy community and to provide mindfulness-based training to enhance advocate health and well-being. Participants also will be guided through brief mindfulness meditation practices.

Queer 2.0: Sex/Gender Diverse (LGBTQ+) Populations & Sexual & Domestic Violence Terminology, Considerations, and Resources

[Return to Day 1 or Day 2 Workshops](#)

This workshop is about fostering inclusion and competency in the sex/ gender (LGBTQI+) community. Our presentation will provide a deeper understanding of how SV and DV cultivate in our communities differently and why access to resources and community understanding differs especially as we discuss our place in the #MeToo movement. We will also discuss effective referrals for advocates and people who work in SV/ DV fields.

Step Up, Stop Violence! An Introduction to Training Adolescent

[Return to Day 3 Workshops](#)

Students in Bystander Intervention

This workshop will serve as an introduction to Step Up, Stop Violence!, a training-of-trainers' curriculum designed to educate adults who work with teens about healthy relationships and the prevention of relationship abuse. Participants of this workshop will get a sneak-peek of the day-long training, which prepares them to train young adults in developing skills to become active bystanders through recognizing high-risk situations and how to respond safely and appropriately.



Suicide Alertness for Everyone

[Return to Day 2 Workshops](#)

safeTALK teaches participants to recognize and engage persons who might be having thoughts of suicide and to connect them with community resources trained in suicide intervention. safeTALK stresses safety while challenging taboos that inhibit open talk about suicide. The safeTALK learning process is highly structured, providing graduated exposure to practice actions. The program is designed to help participants age 15 or older to monitor the effect of false societal beliefs that can cause otherwise caring and helpful people to miss, dismiss, or avoid suicide alerts and to practice the TALK steps to move past these three barriers. Six 60-90 second video scenarios, each with non-alert and alert clips, are selected from a library of scenarios and strategically used through the training to provide experiential referents for the participants. **Note that this workshop is broken into 3 parts; attendees must attend all three parts to receive CEUs.**

Supporting Our Staff: Integrating Self-Care into Policies and Procedures

[Return to Day 2 Workshops](#)

The extent to which programs support their own staff directly influences the quality of services provided to survivors. This workshop will empower agency leadership to attend to the well-being of their staff by building supportive structures within agency policies.

The Art of Self-Care

[Return to Day 3 Workshops](#)

This workshop will provide material, tools and activities to recognize, understand, and differentiate compassion fatigue, second-hand trauma, and burnout. Other topics include: The indicators of the three (cognitive, emotional, behavioral, spiritual, interpersonal, etc.); the importance of self-care and how to practice self-care; ideas and tools to practice self-care, how to recognize if your team is going through these situations and how to encourage others to practice self-care. This presentation is interactive and provides activities and real-life experience as examples.

The Impact of Relationship Violence on the Workplace

[Return to Day 3 Workshops](#)

This workshop will give attendees the opportunity to increase their awareness of the key elements of a healthy and an abusive relationship while also developing a basic understanding of disabilities and how teens and young adults are targeted for abuse. Intervention and prevention strategies will be discussed to ensure that teen and young adult survivors of relationship violence are receiving survivor-centered, trauma-informed assistance from domestic and sexual violence advocacy programs and disability service organizations.

The Intersections Between Sex Trafficking and Domestic and Sexual Violence

[Return to Day 1 Workshops](#)

Although they are distinctively different forms of personal violence, sex trafficking, domestic violence, and sexual assault often times overlap throughout the lifetime of a trafficking victim. In this workshop attendees will hear real stories about how to screen, identify, separate, and assist those seeking help for domestic violence, sexual assault, and/or sex trafficking.

Women of Color Survivors: Strategies for Resistance, Resilience, and Healing

[Return to Day 2 Workshops](#)

This workshop utilizes counter-narrative storytelling (Solorzano and Yasso, 2002), critical auto-ethnography (Quicke, 2010), testimonies (Anzaldúa, 1990), problem-posing, critical race (Ladson-Billings, 2005) and mujerista theories to explore healing strategies mediated by women of color (WOC) survivors, as well as exploring why they may decide not to report. The presentation seeks to show how the implementation of healing strategies can develop cultural competency skills in advocates and those who run programs for survivors. The primary objectives of this presentation are to increase the likelihood that culturally competent advocates will embrace diverse populations and become more engaged in healing practices originated by WOC, so that they respond effectively to people of different races, ethnicities, languages, and socioeconomic backgrounds.

Working Together

[Return to Day 1 Workshops](#)

This workshop will discuss some dos and don'ts for working with Deaf and hard of hearing survivors, the Deaf culture, and Deaf culture and specific abusive tactics survivors experience.