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MEDIA RELEASE

During Domestic Violence Awareness Month, #1Thing Can Make All the Difference

Domestic violence impacts millions of people each year, but it can be prevented. It requires the collective voice and power of individuals, families, institutions, and systems – each whose "one thing" adds a valuable and powerful component to transforming our communities.

That is why this October, during Domestic Violence Awareness Month (DVAM), the Nevada Coalition to End Domestic and Sexual Violence (NCEDSV) is asking "What is the #1Thing you can do to end domestic violence?"

"Many people care and understand that domestic violence is a serious public health problem. They want to do something but believe their actions can't make a difference," said Sue Meuschke, Executive Director. "It feels overwhelming, but change can start with only #1Thing. Imagine if all 3 million individuals in Nevada each commit to doing just #1Thing to stop domestic violence. We could see a serious social transformation."

According to the Centers for Disease Control, 1 in 4 women and 1 in 9 men have experienced contact sexual violence, physical violence, and/or stalking by an intimate partner in their lifetime.¹

On an average day, 65 survivors are unable to receive the resources that they need because of a lack of resources. "That is why we need everyone - advocates, medical professionals, educators, survivors, researchers, policy makers, law enforcement officers, business owners, students, and more, to do #1Thing to stop domestic violence here in Nevada.

#1Thing you could do to address domestic violence:

- Be a caring and consistent adult in the life of a child
- Talk to loved ones about violence and oppression
- Create a culture of consent in your home

- Use social media to raise awareness among your peers
- Reach out to my local domestic violence program to learn how you can help
- Listen to and validate a survivor of trauma

This October join NCEDSV as we mourn for those whose lives were taken by domestic violence, celebrate the tremendous progress victim advocates have made over the years, and connect with one another with a true sense of unity to end domestic violence.

ABOUT NCEDSV

The Nevada Coalition to End Domestic and Sexual Violence provides statewide advocacy, education and support to the front-line organizations that help those impacted by domestic and sexual violence. Resources and help for victims are available at www.ncedsv.org. To find other Domestic Violence Awareness Month events throughout the state, please visit https://www.ncedsv.org/domestic-violence-awareness-month-dvam/

#1Thing unites our individual voices while highlighting the power of our collective action.

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¹Smith, S.G., Chen, J., Basile, K.C., Gilbert, L.K., Merrick, M.T., Patel, N., Walling, M., & Jain, A. (2017). The National Intimate Partner and Sexual Violence Survey (NISVS): 2010-2012 State Report. Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention.