

# Nevada Presentations and Public Education Campaigns Addressing the Prevention of Child Abuse, Teen and Young Adult Relationship Abuse, and the Promotion of Healthy Relationships

Updated 6.1.18

*This list includes curricula/presentations and public education campaigns developed and/or adapted by Nevada educators. It is not meant to be fully comprehensive as this is a "living" document and changes are made to address the current needs of the audience and the organization that provides the information. It is a starting point for educators and other professionals as well as community-based advocates who wish to learn more about the prevention of child sexual abuse, teen and young adult relationship abuse and the promotion of healthy relationships. If you are interested in a training-of-trainers workshop, contact the person or organization specified in the description to learn more about this option. The geographic area where this curricula/campaign is being offered, the ages and audience are also noted, if specified. This listing is in alphabetical order by organization.*

Organization, Geographic Area and Grade Level	Presentation Description and Contact Information
<p><b>Advocates to End Domestic Violence</b></p> <p>Northern NV (Carson City area)</p> <p>Grades 7-12</p>	<p>Advocates to End Domestic Violence has a collaborative relationship with the Carson City School District to educate Carson City's youth about the unacceptability of violence. Through this collaboration, advocates annually visit Carson City School District classrooms to help students learn the dynamics of healthy relationships and the 'red flags' of an abusive relationship. Advocates to End Domestic Violence also offers support to after school programs and one-on-one peer counseling. Contact Traci or Becca 775.883.7654 or <a href="mailto:saracoord@aedv.org">saracoord@aedv.org</a>.</p>
<p><b>Child Assault Prevention (CAP) Project</b></p> <p>(Washoe, Storey, &amp; Lyon County)</p>	<p>The Child Assault Prevention Project strives to empower children to be "Safe, Strong, and Free". Through education and prevention programs designed to increase children's safety from bullying, abuse and assault, CAP is committed to breaking the cycle of abuse in our community. Their website lists three programs focused on second, fourth, and sixth grades. For the second grade program they learn how to recognize, stay safe and where to go for help. The sixth grade program teaches how social media can have negative side effects and how to use it responsibly. They have preschool and parent programs as well. This organization is based in Reno, but serves all of Nevada youth. Washoe, Storey, and Lyon Counties have established programs at area schools. <a href="http://www.childassaultprevention.org">http://www.childassaultprevention.org</a>. Director Rebecca LeBeau 775.348.0600 or <a href="mailto:admin@childassaultprevention.org">admin@childassaultprevention.org</a>.</p>
<p><b>Child Assault Prevention (CAP)</b></p> <p>(Clark County)</p>	<p>The CAP Program is a one hour skills based curriculum for elementary school aged children (1<sup>st</sup>-3<sup>rd</sup> grade). The CAP Program includes sections on bullying, strangers, and abuse. Three scenarios demonstrate skills to employ with bullying behaviors, strangers, and known and trusted people who might try to take away their rights to be safe, strong, and free. There is no cost to schools for providing this program. All materials and personnel are provided by The Rape Crisis Center. For more information to schedule CAP for your school, please call 702.385.2153 or visit <a href="http://www.rcclv.org/school-based-programs">http://www.rcclv.org/school-based-programs</a> or email Lisa McAllister <a href="mailto:lisam@rcclv.org">lisam@rcclv.org</a>.</p>
<p><b>The Children's Cabinet</b></p> <p>(Washoe County)</p> <p>Grades: PreK-12</p>	<p>The Mobile Assessment and Response program (MARP) provides direct and support services to children ages 6-18 years old and their families who are experiencing mental health issues and/or difficulties with violent behavior in the classroom. MARP provides early identification, assessment, and treatment planning with a team of specialists. For more information, contact the MARP Program Coordinator, Lyndsey Perkins at <a href="mailto:lperkins@childrenscabinet.org">lperkins@childrenscabinet.org</a> or call 775.348.6791.</p>

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<p>Parents and guardians must call and pre-register for all workshops offered by The Children’s Cabinet. For more information, contact: Elizabeth Roldan (775) 858-0100 <a href="mailto:eroldan@childrencabinet.org">eroldan@childrencabinet.org</a></p>	<p><b>Active Parenting:</b> Multiple curriculums offered for ages 0-5, 5-12, and 12+. Curriculums are evidence-based from core psychological principles established to focus on addressing unmet needs (i.e. goals) behind a person’s behavior, and acknowledges these goals by educating parents and caregivers in recognizing children’s basic emotional needs. This program provides parents and caregivers with effective tools that can help their child survive and thrive in our modern-day, democratic society, while avoiding many misbehaviors. All offered in English and Spanish with varying numbers and lengths of classes. For more information, contact The Children’s Cabinet.</p>
	<p><b>Active Parenting of Teens:</b> Today teenagers have greater choices, challenges, and opportunities awaiting them. They can also face greater conflicts and negative consequences with themselves, their families, and their peers (e.g., parent divorce, step/blended families, excessive Internet and social networking use, bullying/cyber-bullying, sexuality issues, teen pregnancy, alcohol and drug use/abuse, domestic violence, and etc.). During this 4-part workshop series, we will explore the dynamic changes of teenage development, including how brain development affects teen behavior and decision making, and to provide parents and guardians with effective strategies toward helping preteens and teens obtain the essential life skills needed to survive and succeed in an independent, busy society. This program is also offered for children ages 5-12 and is broken into 5 separate sessions – 4 of these sessions are 2 parts, unlike the Teen version that is a series of 4 workshops only.</p>
	<p><b>Positive Approaches to Managing Anger (PATMA):</b> The Positive Approaches program is an important set of lifelong learning skills that can help youth (ages 9-18) to better manage daily stressful events that can lead to unwanted aggressive behavior with proven instruction and practices. During this 4-part workshop series, youth will learn how to recognize what triggers his or her anger (or negative emotions), how these negative emotions effects their minds and bodies, and how to better handle these emotions without losing total control. Youth will also learn about healthier alternatives to aggressive behavior, including practicing daily mind and body relaxation exercises that can help prevent unwanted moods, while relieving tension.</p>
	<p><b>The Parents Guide to Teaching Anger Management:</b> This three-hour overview workshop explains to parents and guardians the five approaches toward understanding what anger is, what anger does to us, and provides practical techniques and daily relaxation exercises that caregivers can use to help them and their child better manage anger and unwanted stress. Caregivers will also receive supplemental materials taken from both the Preteen (ages 9-12) and Teen (ages 13-18) 4-part PAtMA courses to help promote anger management and Stress Management in their home. The workshop runs once a month alongside the Preteen and Teen PAtMA series and is also available in Spanish.</p>
	<p><b>Positive Discipline:</b> Evidence-based, 2.5-3 hour program focusing on creating effective problem-solving strategies and strengthening relationships between caregiver and youth through establishing safe boundaries. Designed for parents, guardians, and caregivers of children aged 2+.</p>
	<p><b>Taking an Active Stand Against Bullying:</b> 2-hour live webinar discussing different types of bullying including who is more likely to be bullied, the difference between bullying and harassment, and effective strategies on how to recognize and prevent bullying. Ages 8+, offered in English.</p>
	<p><b>The Parent’s Toolbox:</b> Focuses on creating a healthy family problem-solving blueprint using a series of correct “tools” and strategies needed toward finding effective solutions to common family-based problems. Designed for parents, guardians, and caregivers of children ages 3+. Program offered in English and Spanish for 2-2.5 hours.</p>

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<p><b>Family Support Council</b></p> <p>Northern NV (Minden/Gardnerville Area)</p> <p>Grade: 9</p>	<p>Family Support Council has developed a presentation on healthy relationships for 9<sup>th</sup> graders. The title of this presentation is Dating Violence, Sexual Assault, and the Effects of Social Media. Other topics include Bullying and Social Media. They respond to individual requests from health teachers. Contact <a href="http://family-support.org">http://family-support.org</a>. For more information or to schedule, contact Norma Ruelas at <a href="mailto:nruelas@family-support.org">nruelas@family-support.org</a></p>
<p><b>Hollaback! Vegas</b></p> <p>Southern NV (Clark County)</p>	<p>HollabackVegas is part of a global grassroots movement to end street harassment powered by a network of local activists. They work together to better understand street harassment, to ignite public conversations, and to develop innovative strategies to ensure equal access to public space. To get in touch with youth activists or to get involved in the Hollamovement in Vegas, email them at <a href="mailto:vegas@ihollaback.org">vegas@ihollaback.org</a>. Also visit them on social media on <a href="#">Facebook</a>, <a href="#">Twitter</a>, and <a href="#">Instagram</a>. To learn more visit <a href="http://www.vegas.hollaback.org">www.vegas.hollaback.org</a>.</p>
<p><b>Inter-Tribal Council of Nevada (ITCN) Domestic Violence Program</b></p> <p>Statewide</p>	<p>The Inter-Tribal Council of Nevada’s Family Violence Prevention Program has a variety of outreach and awareness presentations focused on the prevention of family/domestic violence, sexual assault awareness and introducing healthy relationships and self-empowerment. These presentations incorporate the cultural aspects of Native American values, historical trauma and traditional family wellness. Trainings were provided by: The Native Wellness Institute, Teen Assault Prevention Program (TAPP), Red Wing Consultant Inc., Mending the Sacred Hoop, and the National Indigenous Women’s Resource Center (NIWRC.) To schedule an event, contact Clarice Charlie-Hubbard, ITCN-Family Violence Program Director 775.355.0600 ext. 116 or <a href="mailto:ccharlie@itcn.org">ccharlie@itcn.org</a></p>
<p><b>Nevada Child Seekers</b></p> <p>Programs:</p> <ul style="list-style-type: none"> <li>• Shout Out Loud</li> <li>• NetSmarts</li> <li>• radKIDS</li> <li>• Be Brave</li> </ul> <p>Southern NV (Clark County) and Northern NV (Washoe County)</p> <p>For more information, visit <a href="http://nevadachildseekers.org/youth-programs">http://nevadachildseekers.org/youth-programs</a> or E-mail <a href="mailto:margarita@nevadachildseekers.org">margarita@nevadachildseekers.org</a></p> <p>Call Southern Nevada 702.458.7009</p> <p>Call Washoe County 775.856.6200.</p>	<p>As part of its mission, Nevada Child Seekers (NCS) maintains a proactive stance to mitigate the causes of missing children through education in the community. NCS partners with the Clark County School District to have our <b>Shout Out Loud</b> program taught by licensed teachers in kindergarten through 2nd grades. The program targets the very young child who, studies suggest, are most vulnerable to abduction and abuse. At a minimum, this program opens the door to conversation between parents and children about awareness, special code words, buddy systems, and the right of a child to say “no.” Shout Out Loud” is an abduction prevention education program designed by law enforcement, educators and Nevada Child Seekers staff for students in K-2nd grade. Tobie the bear helps younger children learn the rules of safety. NCS staff, CCSD Safe &amp; Drug-Free Schools staff and law enforcement train school counselors and educators so they can deliver the program. Several students in Clark County were able to use the skills they learned through the program to thwart attempted abductions. More than 90 schools in Clark County have trained facilitators to deliver the program. Other programs offered by NCS include (next page):</p>

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	<p><b>NetSmartz Internet Safety</b> - In partnership with the Las Vegas Regional Internet Crimes Against Children Taskforce and most recently with the Project Safe Childhood Team made up of diverse law enforcement agencies within our community, Nevada Child Seekers has been successful in implementing this Internet Safety program for students, parents and school administrators. Facilitators are trained by the Las Vegas Regional Internet Crimes Against Children Taskforce and Nevada Child Seekers to provide the program developed by law enforcement and the National Center for Missing &amp; Exploited Children. This partnership allows us to train volunteers, educators and community based programs for children such as the Clark County Parks &amp; Recreation staff to implement the program. Preventing exploitation and abduction as well teaching how to report are the ultimate goals.</p> <p><b>radKIDS Personal Empowerment Program.</b> Introduced spring 2007, radKids Personal Empowerment Program is for students in grades K-6. As we have seen in our community and around the country the very young children are not the only targets that are preyed upon by abductors and pedophiles. radKids allows us to reach older children with personal safety at an appropriate age level which incorporates real life situations. It teaches them how to use these skills in everyday situations in their lives. Upon completion each child will receive a certificate of completion, wristband, and a certificate that allows them to attend any radKIDS class in the country for review at no cost to the parent. Parents receive a family manual so they can follow their child's progress. Nevada Child Seekers and its instructors have graduated over 5,200 children from this program since 2007. Clark County currently has 18 nationally certifies instructors; all of the Nevada Child Seekers staff are among those certified.</p> <p><b>Be Brave</b> stands as NCS's newest offering aimed squarely at our community's most vulnerable missing children population: teens. By empowering students to make positive choices while seeking to combat the teen bullying crisis, this program has found a wellspring of support among our district's teachers. This self-esteem boosting initiative is also unique in that it's not a one and done presentation. <b>Be Brave</b> continually engages students throughout the year and facilitates partnerships with administrators, teachers and counselors. Students who have experienced life on the streets touch students by recounting their often harrowing experiences. This program also kick starts conversations, notifying teens what programs are available to assist them with challenges they face at home and at school. Those not involved in extracurricular activities or having difficulties at home may feel that they have little worth. This ongoing year-long program reminds them of their value and lets them know that there is a community available that cares about their success.</p> <p>In the beginning of the 2014 - 2015 school year NCS had already reached well over 5,000 students at just 5 schools, and 15 more are clamoring for this program. NCS envisions <b>Be Brave</b> to be the foremost program throughout the Nevada in reaching vulnerable teens, and it was prominently featured on numerous local newscasts (most recently KLAS-Channel while being recognized for innovation at the 2015 International Gang Conference held at the Riviera.</p>
<p><b>Nevada Public Health Foundation</b> Statewide Statutory Rape Education Project</p>	<p>The Nevada Public Health Foundation's Statutory Rape Education Project provides free of charge statutory rape education presentations. These classes are offered throughout NV to middle and high school teens, parents, mandatory reporters (counselors, teachers, nurses, health care professionals, etc.), law enforcement (police, judges, lawyers/attorneys,) victim-witness advocates, and other professionals. Classes range in time from a brief introduction (30 min.) to a more comprehensive version (1.5 hrs.) depending on the audience. For victim-witness advocates, NPHF offers an introduction level class (60 min.) to a more comprehensive (2.0 hrs.) version. Contact the NPHF's Health Information Specialist, Tess Peterson, MPH at <a href="mailto:tess@nphf.org">tess@nphf.org</a> or call: 775.884.0392. Also <a href="mailto:rota@nphf.org">rota@nphf.org</a>; <a href="http://www.nevadapublichealthfoundation.org">www.nevadapublichealthfoundation.org</a>. Their office is located in Carson City.</p>

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<p><b>Nevada Coalition to End Domestic and Sexual Violence</b></p> <p>Hanging Out or Hooking Up Statewide Grades 9-12 &amp; Adults</p> <p>Step Up Stop Violence Statewide initiative with high school project in northern NV (Washoe County)</p>	<p><b>Hanging Out or Hooking Up</b> is a one-day workshop that will prepare adults who work with teens and teen peer educators to share information about teen relationship abuse, its definition, its causes &amp; warning signs, the consequences associated with abuse, how to help, and how to promote the development of healthy relationships. This workshop has been offered across Nevada and includes an overview module and a second module for teens who identify with the LGBTQ community. All materials have been translated from English into Spanish. Each participant receives a CD with both modules and support materials. Contact Judy Henderson at <a href="mailto:judyh@ncedsv.org">judyh@ncedsv.org</a> to learn more about this free workshop.</p> <p><b>Step Up Stop Violence</b> incorporates bystander strategies along with widespread public awareness campaigns would likely engage teens and young adults to not only identify potentially high risk violent situations, but also to safely intervene to prevent violence from occurring. The bystander approach begins by speaking out against ideas and behaviors that promote and tolerate violence. A commitment to stop violence can turn a once apathetic bystander into an engaged ally that discourages victim blaming and promotes action on the part of the individual. There are many bystander strategies which combat sexual violence, stalking, intimate partner violence and bullying. When researching bystander literature and strategies for adoption in Nevada, it was evident that Green Dot had the preliminary scientific basis and academic approach that would increase the likelihood of success for preventing and reducing the number of violent incidents in Nevada. The Green Dot Model of Intervention demonstrates to participants' safe and positive ways they can react to prevent or intervene when there is a risk for sexual or domestic violence. A training-of-trainers for the Step Up Stop Violence curriculum has been approved for CEUs by the Nevada Department of Education and the Nevada Board of Social Work.</p> <p>For more information about Green Dot in Nevada, visit <a href="http://www.stepupstopviolence.org">http://www.stepupstopviolence.org</a>. Contact Judy Henderson at <a href="mailto:judyh@ncedsv.org">judyh@ncedsv.org</a>.</p>

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<p><b>Prevent Child Abuse Nevada at the Nevada Institute for Children’s Research and Policy</b></p> <p>PreK-2<sup>nd</sup> Grade  K-5<sup>th</sup> Grade  3<sup>rd</sup>-6<sup>th</sup> Grade  7<sup>th</sup>-12<sup>th</sup> Grade &amp; Adults</p> <p>For more information, contact Valeria Gurr 702.895.5053 or Patricia Haddad 702.895.1060 or email <a href="mailto:preventchildabusenevada@unlv.edu">preventchildabusenevada@unlv.edu</a> <a href="http://www.preventchildabusenevada.org">www.preventchildabusenevada.org</a></p>	<p><b>Care For Kids</b> (Pre-K-2<sup>nd</sup> grade) Duration: 3.0 hours</p> <p>Care for Kids is a fun, health-based curriculum for children from 3-8 years of age. The curriculum contains 6 units that teaches and reinforces 2 to 4 simple, age-appropriate messages about the body, emotions, and asking for help via a circle time, a song, a book, and an activity or craft. This well-researched curriculum also includes a component that helps adults understand the link between healthy sexual education and child sexual abuse prevention. This presentation can be given in classroom groups.</p>
	<p><b>We Deserve To Be Safe</b> (K-5<sup>TH</sup> grade) Duration: 30-60 minutes</p> <p>This presentation addresses personal safety (including physical and mental safety) and bullying. The definition, consequences, and reasons or bullying behaviors are also addressed in this presentation. Information includes appropriate reactions to victimization and/or witnessing bullying behaviors, including reporting incidences. This program aims to increase the protective factors of children, empowering them to say “no” and to view violence and bullying as unacceptable. This presentation can be given assembly-style or in smaller classroom groups.</p>
	<p><b>We Care Elementary</b> (3<sup>rd</sup>-6<sup>th</sup> grade) Duration: 6 hours</p> <p>We Care Elementary is a developmentally targeted sexual abuse prevention program created for elementary school communities that focuses on building children’s protective factors and understanding healthy relationships through multimodal, highly experiential lessons. This training also has a component that emphasizes skill building in the adult community through training opportunities and informational articles.</p>
	<p><b>Expect Respect</b> (7<sup>th</sup>-12<sup>th</sup> grade) Duration: 8 hours</p> <p>Expect Respect is a youth violence prevention program aimed at reducing teen dating violence, as well as peer-to-peer violence in non-dating situations. The short-term objective of the program is to create a culture that supports “zero tolerance” for violence, with the long-term objective of imparting values and skills to youth that will prevent domestic violence and reduce future instances of child abuse. The program consists of eight one-hour sessions that focus on reducing risk factors for violence and promoting protective factors for healthy relationships. Topics include: preventing teen violence with a focus on bullying and sexual harassment, skills to develop healthy relationships, how to be respectful and positive, and leadership development.</p>
	<p><b>Enough Abuse</b> (Adults, Parents, Agencies, Organizations) Duration: 1 or 2 hours</p> <p>Enough Abuse came from a partnership led by The Rape Crisis Center and Prevent Child Abuse Nevada to create widespread change to prevent child sexual abuse through engagement of parents, caregivers, youth-serving organizations, and concerned citizens. The goal of the Campaign is to Educate, Communicate, and Advocate to end child sexual abuse. All presentations provide the most up-to-date information on child sexual abuse prevention. Information presented is all cited, well-researched, and well-informed. The Enough Abuse Campaign and the creation of materials were originally funded by the Centers for Disease Control and Prevention. For a complete list of content, visit <a href="http://rcclv.org/education-outreach/enough-abuse">http://rcclv.org/education-outreach/enough-abuse</a>.</p>

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	<p><b>Recognizing and Reporting Child Abuse and Neglect for Mandated and Voluntary Reporters</b> (1 or 2 hours)  Child abuse and neglect is not selective. It exists in all segments of our society. This training will teach individuals how to recognize characteristics of abused and neglected children and characteristics of abusive parents, defining who is a mandated reporter, and identifying steps involved in reporting suspected child abuse and neglect, and finally community-based resources of families and caregivers.</p> <p><b>Choose Your Partner Carefully</b> (Parents) Duration: 1 hour  Everybody understands there are times when you have to leave your child with another person. Children rely on their parents to find a caring caregiver. It's hard to imagine someone you love or trust could ever hurt your child, but it happens. Many children are harmed each year by adults who just don't know how to take care of a child especially when the child is crying or being difficult. The purpose of this course is to provide information on how to carefully select safe caregivers for children including identifying warning signs and behaviors in potential significant others, babysitters, or other individuals that may care for children.</p> <p><b>Toxic Stress and Child Development</b> (Adults, agencies) Duration: 1 hour  A child's earliest years are the most crucial for brain development. Living in stressful environments can negatively affect a child's emotional, social, and physical development. Through this training, attendees will be provided with a brief overview of how stress can affect brain development, relevant information about community resources, and be reminded on how to identify potentially unsafe children and the steps to take when a suspicion arises.</p>
<p><b>The Rape Crisis Center</b></p> <p>Southern NV (Clark County)</p>	<p><b>Enough Abuse</b></p> <p>A partnership led by The Rape Crisis Center and Prevent Child Abuse Nevada to create widespread change to prevent child sexual abuse through engagement of parents, caregivers, youth-serving organizations, and concerned citizens. The goal of the Campaign is to Educate, Communicate, and Advocate to end child sexual abuse. All presentations provide the most up-to-date information on child sexual abuse prevention. Information presented is all cited, well-researched and well-informed. The Enough Abuse Campaign and the creation of its materials were originally funded by the Centers for Disease Control and Prevention. For a complete list of content, visit <a href="http://rcclv.org/education-outreach/enough-abuse">http://rcclv.org/education-outreach/enough-abuse</a>. To schedule or customize a presentation for your group or organization, please contact The Rape Crisis Center at 702.385.2153 or email Christina Hall, Prevention Education Manager <a href="mailto:christina@rcclv.org">christina@rcclv.org</a>.</p> <p><b>Party Smart</b></p> <p>The Rape Crisis Center <i>Party Smart</i> awareness campaign is geared towards making nightlife in Las Vegas safer for everyone. The campaign encourages party goers to use Active Bystander Intervention and to respect other's boundaries, and provide training to bar and nightclub staff on how to increase safety for their patrons. To learn more, visit <a href="http://www.rcclv.org/party-smart">http://www.rcclv.org/party-smart</a> or contact Christina Hall at <a href="mailto:christina@rcclv.org">christina@rcclv.org</a> or call 702.385.2153.</p>

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	<p><b>YourSPACE (Safety Prevention and Awareness Curriculum for Everyone)</b> Grades 8-12</p> <p>The Rape Crisis Center offers a 5 hour structured curriculum, normally delivered at a school over the course of a week in one class period per day. The program is focused on educating teens on recognizing healthy and unhealthy relationships, and finding resources if they find themselves in dangerous situations. The curriculum is age relevant, non-gender specific and language appropriate. Topics include: social responsibility, personal space and boundaries, sexual assault and the law, dating violence, safety awareness around social media and technology, and other topics. The YourSPACE curriculum has an interactive delivery using current media content and is conducted by well-trained facilitators. The program is grounded in the belief that honest dialogue and critical thinking skills lay the correct foundation to allow our youth to prevent sexual violence within their communities and in society at large. The 5<sup>th</sup> module of the YourSPACE program, which focuses on active bystander intervention and safety planning, is now available as a one-hour stand-alone presentation for high school juniors and seniors ahead of prom season. There is no cost to schools for providing this program. All materials and personnel are provided by The Rape Crisis Center. For more information and to schedule YourSPACE for your school, please call 702.385.2153 or visit <a href="http://www.rcclv.org/school-based-programs">http://www.rcclv.org/school-based-programs</a> email Emily Garcia <a href="mailto:emily@rcclv.org">emily@rcclv.org</a>.</p> <p><b>Care for Kids and We Care Elementary</b> Grades Pre-K-6</p> <p>The Rape Crisis Center has implemented these child abuse prevention programs to teach children the fundamental basics that support healthy development and safe boundaries. Their presentations contain topics on asking for help, understanding feelings, bodies and asking for permission.</p> <p><b>Child Assault Program (CAP)</b> Grades 1-3</p> <p>The CAP program is recognized internationally as a primary prevention education program. The curriculum is based on an empowerment philosophy which seeks to reduce children’s vulnerability to assault by increasing awareness that children have human rights and making sure that children know what their rights are.</p>
<p><b>Safe Embrace</b></p> <p>(Washoe County)</p> <p>For more information, call 775.324.3766 or email <a href="mailto:info@safeembrace.org">info@safeembrace.org</a></p>	<p>The Safe Embrace <a href="#">Teen Dating Violence Awareness and Prevention Initiative</a> is committed to increasing awareness in our community. Presenting detailed information to Northern Nevada’s high school students will help them make healthy dating choices and identify the early warning signs of an abusive relationship. Presentations will include the types of abuse and the specific roles in an abusive relationship; the abuser, the target and the bystander. What can friends do? A friend’s awareness of the warning signs is crucial, many teens in abusive relationships remain silent. Through groups with topics such as: Objectification / Self Esteem / Social Media &amp; the Effects of Sexual Assault / Violence/ Seduction / Drug Facilitated Assault/Boundaries &amp; Consent / Relationship Abuse / Relationship Rights / Roles / Bystander Awareness / Trafficking Education / Communication / Healthy Relationships / Healthy Roles &amp; Respect.</p>

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	<p><b>Coaching Boys into Men and Athletes as Leaders</b>  Provides high school athletic coaches with the resources they need to promote respectful behavior among their players to help prevent relationship abuse, harassment, and sexual assault. The CBIM curriculum consists of a series of coach-to-athlete trainings that illustrate ways to model respect and promote healthy relationships. For more information, contact John Malcom at <a href="mailto:cbim@safeembrace.org">cbim@safeembrace.org</a>.</p>
<p><b>Safe Nest</b>  Southern NV (Clark County)  For more information about presentations currently being offered and to make a request for training for children in grade K-12, contact 702.877.0133 or email <a href="mailto:communityrelations@safenest.org">communityrelations@safenest.org</a></p>	<p>Safe Nest has a three-part curriculum to address the many facets of teen dating violence. They are able to provide these workshops to teens by request and make adjustments for the group as needed. They also have presentations for adults specifically about teen culture, teen dating violence, and resources available to help teens, how they can talk to teens about healthy relationships, and safety planning with teens. For more information, contact Kiande Jakada at <a href="mailto:kjak@safenest.org">kjak@safenest.org</a> or 702.877.0133 ext. 249.</p> <p><b>Lean On Me</b>  This presentation is available to CCSD teachers (middle and high school) to request for their classes. In this presentation, facilitators talk about the different types of abuse, and address some commonly held myths and facts teens have regarding teen dating violence. They then talk about how teachers can be an active bystander using the nationally recognized Green Dot Program, helpful vs. unhelpful responses to a friend experiencing dating violence, and resources for them, their friends, or family members.</p> <p><b>Dating 101</b>  Adapted from JWI's Yes and kNOw programming, this curriculum addresses healthy relationships. Facilitators talk about setting healthy boundaries, give teens the space to try and think about boundaries they would have in their relationships, and talk about healthy communication. Facilitators conclude this workshop with resources teens can talk to and reach out to if they need help. Intended audience is middle and high school students.</p> <p><b>Cultural Culprits</b>  This presentation is adapted from JWI's Ladies and Gentlemen Programming. They discuss media literacy in this workshop and how the gender norms and messages we receive from the media affect our perceptions of each other and contribute to dating violence. This is important because they teach that domestic violence is learned behavior that's culturally reinforced.</p> <p><b>Escalation Workshop</b>  This is a 90-minute program for high school teens and college students. The Escalation Workshop is a film-based discussion that opens people's eyes to the warning signs of relationship abuse. The workshop consists of a film, Escalation, followed by a guided discussion led by a trained facilitator. This program is from the One Love Foundation and provides education about the varied signs of abuse, sparking eye-opening discussions about what healthy and unhealthy relationships looks like.</p> <p><b>Coaching Boys Into Men</b>  Coaching Boys Into Men (CBIM) program provides high school athletic coaches with the resources they need to promote respectful behavior among their players to help prevent relationship abuse, harassment, and sexual assault. The CBIM curriculum consists of a series of coach-to-athlete trainings that illustrate ways to model respect and promote healthy relationships.</p>

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	<p><b>YES MEN</b>  Youth Empowering Self &amp; Motivating Every Neighborhood (YES MEN) is a program which engages young men between the ages of 14-18 in addressing teen dating violence in their neighborhoods and schools. This six-session program focuses on empowerment, awareness, and positive conflict resolution as it relates to teen dating violence, and assists teens in recognizing the differences between healthy vs. unhealthy relationships, and how their views on gender roles affect teen dating violence issues.</p> <p><b>Athletes as Leaders (SLAY)</b>  This program is for high school athletes on girls’ sports teams. The program aims to empower female-identifying youth to take an active role in promoting healthy relationships and ending sexual violence. It is based on research and best practices in the field of sexual assault prevention. Athletes are encouraged to be leaders in changing peer norms and school climate to a culture of safety and respect. The program is designed to be used in conjunction with other programs with intentional efforts to engage men and boys.</p> <p><b>SafeNest Internship Program</b>  This leadership program is designed to give youth a safe place to learn about and discuss issues affecting them and their peers. During this program, participating youth will learn about a series of issues. While mainly focused on healthy relationships and relationship violence, these also include birth control, consent, sexual assault, rape, and more. Participating teens will also learn how to be a leader and the resources that are available for them and their peers by participating with outreach staff at events. Successful completion of this course will result in the youth being awarded 60 hours of community service. Intended for high school and college students of either gender.</p> <p><b>In Their Shoes</b>  Designed with the classroom in mind, <i>In Their Shoes</i> is an engaging way to talk about dating violence and healthy relationships with young people in one class period. Participants become one of six characters based on the experiences of real teens including sexting, pregnancy, homophobia, and stalking. They make choices about their relationships and move through the scenario by reading about interactions with their dating partner, family, friends, counselors, police, and others. After the highly interactive activity, this workshop concludes with a facilitated discussion with trained facilitators.</p>
<p><b>Tahoe SAFE Alliance</b></p> <p>Northern NV (Washoe County) and Northern CA (Placer &amp; Nevada Counties)</p> <p>Offices in Incline Village, NV; Truckee, CA &amp; Kings Beach, CA.</p> <p>For more information, call <a href="http://TahoeSAFEAlliance.org">Tahoe SAFE Alliance</a> 775.298.0010.</p>	<p><b>VIOLENCE PREVENTION PROGRAM</b> (kindergarten &amp; elementary school)</p> <p><b>Kindergarten Yellow Dyno</b> – 30 min. Students interact with Yellow Dyno to learn easy tips for staying safe, particularly with strangers. They will identify safe and unsafe behavior, learn to trust their instincts, ask trusted adults for help, practice safe distance, and that they have control over their bodies and have the right to say “no.”</p> <p><b>1<sup>st</sup> grade Bullying Prevention</b> – 30 min. Through an interactive felt-board story, students will identify types of bullying and understand how a victim is affected by bullying. They will practice safe and healthy conflict resolution and take a stand to end bullying in their classroom/school with a pledge of understanding. Students will learn what to do and who to tell if they are a victim of, or witness to, bullying.</p>

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	<p><b>2<sup>nd</sup> grade Hands Are Not For Hitting</b> – 45-50 min. Students will understand the importance of emotions, including anger. They will learn how to recognize and manage angry feelings by practicing healthy communication and identifying positive conflict resolution through role plays. Students will also look at the issues of power and bullying, and focus on positive outlets for emotional stress.</p> <p><b>3<sup>rd</sup> grade Stranger Awareness</b> – 45-60 min. Students will discuss who a stranger is and how to stay safe from strangers in all situations; including public, at home and on-line. In a creative project they will identify positive prevention, learn to say “no”, trust their own instincts, and feel confident talking to trusted adults.</p> <p><b>4<sup>th</sup> grade Hands Are Not for Hitting</b> – 45-60 min. Students will understand anger as a valid emotion. They will identify personal triggers, learn de-escalation techniques, practice assertive communication to manage conflict, and set personalized action steps.</p> <p><b>5<sup>th</sup> grade Bullying/Sexual Harassment Prevention</b> – 45-60 min. Students will gain a clear understanding of the nature of bullying: issues of power, why a bully bullies and types of bullying. They will understand how bullying leads to other forms of abuse (sexual harassment) and use empathy skills to learn prevention and bystander intervention techniques.</p>
	<p><b>VIOLENCE PREVENTION PROGRAM</b> (middle school)</p> <p><b>6<sup>th</sup> grade – Bullying/Sexual Harassment Prevention</b> 2 hrs. /2 class periods. Students will identify the dynamics, causes, and consequences of bullying and sexual harassment. They will understand how bullying and sexual harassment are related, practice techniques to prevent and intervene (bystander behavior), as well as learn about people and resources to help them and others.</p> <p><b>7<sup>th</sup> grade Teen Dating/Intimate Partner Violence Prevention and Healthy Relationships</b> – 2 hours/2 class periods. Students will understand the dynamics of dating/intimate partner violence, power and control, and barriers to leaving an abusive relationship. They will look critically at “norms” in teen dating and identify characteristics of healthy relationships and warning signs to unhealthy relationships. Middle School along with Relationship Abuse Education includes the following <b>Enrichment Activities:</b> Students are engaged by viewing the Simpson’s episode, “Bart’s Girlfriend,” and “In Their Own Words.” Evaluations are completed by the teacher. Students complete a fill-in Power &amp; Control Wheel, and answer questions relating to the episode: “Bart’s Girlfriend”. Local resources are included.</p> <p><b>8<sup>th</sup> grade Sexual Assault Prevention and Healthy Relationships</b> – 2 hours/2 class periods Students will learn to look critically at the myths and realities of sexual assault. They will define terms and understand the dynamics of sexual assault and consent. Student will then be able to understand various characteristic of healthy and unhealthy relationships and learn how to assert healthy boundaries within relationships.</p>

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	<p><b>VIOLENCE PREVENTION PROGRAM</b> (high school)</p> <p><b>Grades 9-12</b> - Presentation topics include: Sexual Harassment Prevention; Sexual Assault Prevention; Gender Stereotypes; Teen Dating/Intimate Partner Violence Prevention; and Healthy Relationships. Time: 1 hour/topic/total 3-4 class periods. Students will learn the roots of sexual violence and understand the dynamics and types of sexual harassment, sexual assault, and dating/intimate partner violence. They will learn to identify warning signs to unhealthy relationships, practice positive bystander behavior to prevent and intervene in violence, and learn to negotiate healthy relationships and set personal boundaries.</p> <p><b>ADDITIONAL EDUCATION OPTIONS</b></p> <p><b>Tahoe SAFE Alliance’s Youth Empowerment Groups</b> are intended to provide a safe space for student to discuss topics relevant to their lives, such as healthy friendships and relationships, managing emotions, respect, leadership and communication skills. There are 4 goals the groups hope to achieve: 1) create positive environments and communities; 2) promote healthy friendships/relationships and choices; 3) increase positive self-worth; and 4) engage and empower youth to speak out and model healthy lifestyles. Youth Empowerment Groups most commonly meet for 10 sessions, ideally for 45 minutes to an hour. Students are usually chosen for the group by the counselor and/or teacher. Space is provided on-campus for the group to meet. Because the group is unique, a variety of curricula are referenced to provide the most relevant and interesting topics and activities specific to each group. Examples of the curricula used are, but not limited to: In Touch with Teens; Girls Circle; Life Skills Training; Young Women’s Lives; Young Men’s Work; MyStrength; Communities Empowering Youth; Mentors in Violence Prevention; Love is Not Abuse; and Choose Respect.</p> <p>All Grades: <b>Internet Safety</b> 30-60 min. Students will learn through age-appropriate discussion and activities about the benefits, misuses and dangers of technology. They will learn how to recognize the types of technological foul play and what to do/who to talk to if it occurs.</p> <p>Middle &amp; High School: <b>Personal Safety and Empowerment</b> 1-2 hrs. Female students will learn skills to decrease their chances of becoming the victim of violence through awareness, assertiveness, and physical self-defense.</p> <p><b>Parent/Staff Education:</b> All Topics 1-2 hrs. Purpose is to educate and work with adults on topics pertinent to their children or students. Presentations include overviews, tips, and resources.</p>
<p><b>University of Nevada, Las Vegas (UNLV) Jean Nidetch Women’s Center</b></p> <p>Southern NV (Clark County)</p>	<p><b>Advocacy training</b> is offered to students who wish to become involved with the Campus Advocates Resource Empowerment (CARE) Program. Advocacy skill development covers topics related to sexual violence, dating/domestic violence and stalking. Training participants receive a 192 pg. manual. Contact Kelsey Arias, CARE Coordinator, 702.895.0605 or <a href="mailto:unlvcareline@unlv.edu">unlvcareline@unlv.edu</a>. The Center also offers “Keeping a Survivor in School” presentations being offered through their ASERTAV program. <b>UNLV Green Dot</b> was launched campus-wide in January 2016 to publicize the anti-violence program and encourage students, faculty, and staff to change campus norms around the issue of violence. For more information on presentations and training, contact Laura Forsythe at <a href="mailto:greendot@unlv.edu">greendot@unlv.edu</a>. They are also on Facebook at UNLV Green Dot; Twitter and Instagram @unlvgreendot.</p>

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<p><b>University of Nevada, Reno</b></p> <p>Confidential Advocacy</p> <p>Northern NV (Washoe County)</p>	<p><b>The Pactivist Outreach Program</b>, run through CASAT on UNR’s campus, is offered to students who wish to become involved with spreading awareness of domestic and sexual violence on campus through peer education. Students interested in becoming a peer educator for this program should contact Daniel Fred at <a href="mailto:dfred@casat.org">dfred@casat.org</a> or Heather Kaminsky at <a href="mailto:hkaminsky@casat.org">hkaminsky@casat.org</a>.</p> <p>The confidential campus victim advocate is Andrea King, to be reached at <a href="mailto:campusadvocate@crisiscenter.org">campusadvocate@crisiscenter.org</a> or (775) 774-8724.</p>
<p><b>Winnemucca Domestic Violence Services</b></p> <p>North Central NV (Humboldt County)</p> <p>Ages 13-17 Girls</p>	<p>Winnemucca Domestic Violence Services (WDVS) supports women ages 18 and over in support groups. This organization does not actively plan activities for this group, but WDVS helps fund the support groups. This organization offers presentations on healthy relationships and domestic and sexual violence. Contact Stephanie Johnson, Program Director at 775.625.1313 or email <a href="mailto:legaladvocate@winnemuccadvs.org">legaladvocate@winnemuccadvs.org</a>.</p>
<p><b>State of Nevada &amp; Partners Curriculum on Teen Pregnancy Prevention</b></p>	<p>The state of Nevada oversees teen pregnancy prevention efforts and the program is called Personal Responsibility Education Program (PREP). PREP focuses on abstinence and contraceptives, sexually transmitted infections (STIs), and adulthood preparation subjects. Characteristics of the population served by PREP includes: teens ages 13-19 years at-risk of becoming pregnant or parenting and teens up to 21 years of age if they are currently pregnant or parenting. PREP partners include Carson City Health and Human Services, Planned Parenthood Mar Monte, Family Resource Center of Northeastern Nevada, Planned Parenthood of the Rocky Mountains and The Center. Other evidence-based curricula being offered includes a focus on Latino-Hispanic youth <a href="#">¡Cúdate!</a></p> <p>Planned Parenthood Mar Monte has a program which involves working with pregnant and parenting teens in Washoe County. Teen Success is a theory-supported group intervention that focuses on developing assets, skills, and resiliency among member through strong program of education, support, and linkages to clinic services. Over the program history, 96% of member have maintained their family size.</p> <p>The Center uses the evidence-based program <a href="#">Reducing the Risk</a> which has a LGBTQ supplemental component.</p>
<p><b>State of Nevada <a href="#">Office for Suicide Prevention</a></b></p>	<p>The Office of Suicide Prevention (OSP) has established sustainable screening programs in several counties across the state with their partners: The Children’s Cabinet, Community Chest, Healthy Communities Coalition, Nye Community Coalition and the Frontier Community Coalition. They also offer a program, <a href="#">Reducing Access to Lethal Means</a> which supplies electronic firearm securing and safety brochures to 85% of the state’s middle and high schools in order to educate parents of at-risk youth about suicide-proofing their homes. The Nevada Coalition for Suicide Prevention offers suicide intervention and alertness training and brought suicide awareness through media and news outlets. They also offer Project Aware which evaluates statewide Youth Mental Health First Aid implementation.</p>