

COURAGEOUS *Conversations*

AN EMPOWERMENT APPROACH

The Nevada Coalition to End Domestic and Sexual Violence

presents:

COURAGEOUS CONVERSATIONS: AN EMPOWERMENT APPROACH

SEPTEMBER 23 - 25, 2019

Circus Circus

500 North Sierra Street

Reno, NV 89503

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ANNUAL CONFERENCE OVERVIEW

September 23-25, 2019

In order to end domestic and sexual violence we need to dismantle the systems of oppression and inequity that perpetuate and allow gender-based violence to thrive. We need to come together across the state to share ideas, support one another, and work toward a mutual worldview free of domestic and sexual violence. As the statewide coalition to end domestic and sexual violence, we are excited for the opportunity to bring together advocates, community organizations, and survivors at our annual conference. It is critical that we form connections and develop healing centered engagements with survivors in our efforts to prevent gender-based violence.

The conference occurs over a three-day period where you will have the opportunity to attend three plenary sessions and breakout workshops. Continuing Education Units are available for this conference.

ANNUAL AWARD LUNCHEON

Wednesday, September 25, 2019

Silent Auction and Registration 11:30 AM

Luncheon and Program 12 PM

This year, we are celebrating 39 years of advocating, educating, and supporting domestic and sexual violence services. We will celebrate and honor NCEDSV Executive Director Sue Meuschke.

Advance registration is required to attend the luncheon. To reserve a seat or table, email conf@ncedsv.org, or fill out the registration form and return with payment.

DAY 1: SEPTEMBER 23, 2019

11:45 AM - 12:45 PM	Registration
12:45 PM - 1:15 PM	Opening Remarks by NCEDSV Executive Director Sue Meuschke
1:15 PM - 2:15 PM	Plenary: Jennifer Webb – Communicating to Influence, Engage and Empower

Breakout Sessions

2:30 PM – 3:45 PM

Lindsay Yates	Your Body, Your Right: Talking to Survivors About Reproductive Coercion, Rights and Justice
Linda Lysakowski	Fundraise Like a Genius: Creating Conversations that Motivate Staff, Board, Volunteers, and Donors
Judy Henderson	Supporting Adolescents with Disabilities Who Are Struggling in Abusive Relationships: Tips for Parents and Service Providers
Nubia Pena	Disciplined Too Young and Too Often: Understanding School Pushout

DAY 1 PRESENTER INFORMATION – JENNIFER WEBB



The real reason I got into magic was because I was scared to get up and speak in public, and thought magic would take the attention away from me and my nerves. And it didn't hurt that I was married to the owner of the world's largest magic shop at the time, Tannen's Magic! It worked, people watched the magic and I became confident speaking in public.

Later I leveraged magic, along with psychology, NLP (Neuro-Linguistic Programming), Emotional Intelligence, accelerated learning and other interactive tools to reach people with messages of inspiration and content. My most popular programs have been designed to propel thinking from challenges and frustration to "can do" and "possibilities." My core message: Our attitudes and expectations create our realities and impact everyone around us.

As a business communications specialist, human performance coach, author of three books on human potential and corporate motivational speaker with a Master's in Psychology, a Master Practitioner's Certification in NLP and a former journalist and adjunct professor, I teach people how to increase peak performance and create and reach goals by reprogramming how we think. My highly-interactive programs are ideal for long and short term training, for break-out sessions, one-on-one coaching and keynote presentations.

I'm a long-time member of the prestigious National Speakers Association, former board member of the National Association of Women Business Owners and have been affiliated with Women in Communication, Meeting Planners International, Society of Human Resource Management, Association of Fundraising Professionals and numerous Chambers of Commerce.

I'm also the proud founder of a 501 © (3), [Shakespeare Animal Fund](#), that pays emergency veterinarian bills for elderly, disabled and other low income individuals. A percentage of all my fees goes to support this organization. Bottom line, it doesn't matter what my credentials are if people aren't listening. I'm great fun; my programs are highly interactive with great content so people pay attention, retain what is being said and go out and use what they learned. And that's what it's all about!

DAY 2: SEPTEMBER 24, 2019

8:00 AM - 8:45 AM	Registration
8:45 AM - 9:45 AM	Plenary: Jennifer Martinez – We Choose All of Us: Centering Historically Marginalized Youth

Breakout Sessions

10:00 AM – 11:15 AM

Lindsay Yates	Your Body, Your Right: Talking to Survivors About Reproductive Coercion, Rights and Justice
Ashley Yuill	Supporting Our Staff: Making the Shift from Victim Advocate to Advocate Supervisor – Part 1
Judy Henderson	Supporting Adolescents with Disabilities who are Struggling in Abusive Relationships
Tina Zhang	Intersectionality Dialogue through Nonviolent Communication

11:15 AM – 12:45 PM Lunch Break

12:45 PM – 2:00 PM

Veronica Quinonez	From Victim to Survivor: Music as a Tool for Healing and Empowerment
Ashley Yuill	Supporting Our Staff: Making the Shift from Victim Advocate to Advocate Supervisor – Part 2
Holly Ramella	Moving Beyond What Not To Do: Teaching Healthy Relationships
Daysi Rodriguez and Sandra Quiroz	Cultural Influences on Providing Services: Strategies for Competency and Inclusion for Undocumented/Immigrant Survivors

2:15 PM – 3:30 PM

Irie Douville	Decolonizing Advocacy: Strategies for Outreach and Support Within Indigenous/Aboriginal Communities
Lisa Lynn Chapman	Rural Sustainability
Dr. Meghna Bhat	Using Film & Cinema as a Community Engagement Tool for Primary Prevention
Cristina Hernandez Kaleigh Mancha	The Intersection Between Birth Work and Reproductive Justice using a Trauma-informed Doula Approach

3:45 PM – 5:00 PM

Holly Ramella Romeo Jackson	Holistic Services: Safety Planning with LGBTQ+ Clients
Wende Hilsenrod	Impact of Trauma on Providers: Bouncing Back from Secondary Trauma
Katarina Pulver	Millennial to Gen Z: Youth Culture, Adulthood and Effective Prevention
Daysi Rodriguez Sandra Quiroz	Cultural Influences on Providing Services: Strategies for Competency and Inclusion for Undocumented/Immigrant Survivors

DAY 2 PRESENTER INFORMATION – JENNIFER MARTINEZ



Jennifer Martinez began working for the Idaho Coalition Against Sexual and Domestic Violence in November 2016. Jennifer oversees an initiative to increase services for adolescents from historically marginalized communities in rural communities who are abused or sexually assaulted and is part of a cross movement collaborative in Idaho – a Community of Purpose – to build relationships and leverage power for an emergent world. A first-generation Idahoan, Jennifer earned her undergraduate degree from Gonzaga University in 2009 where she majored in Political Science and minored in Latin American Studies. Following graduation, Jennifer worked for U.S. Senator Patty Murray as the Eastern Washington Representative based out of Spokane. In 2012, Jennifer returned home to Idaho to work in the political arena where she held various roles. Jennifer is deeply committed to creating social change, and brings an intersectional lens into all of the spaces she engages.

DAY 3: SEPTEMBER 25, 2019

8:30 AM - 9:00 AM Registration

9:00 AM - 10:00 AM Plenary: Vanessa Timmons – Liberation as Prevention

Breakout Sessions

10:15 AM – 11:30 AM

Ashley Slye Supporting Survivors Living with or at Risk for HIV

Elizabeth J. Flory Developing Volunteer Programs and Trainings

Tess Peterson Age-Related Consensual Sex Violation and Best Practice in

John Malcom Reporting

Lindsay Yates SANE Report Findings Across Nevada

12:00 PM – 1:30 PM Annual Award Luncheon

DAY 3 PRESENTER INFORMATION – VANESSA TIMMONS

Vanessa Timmons has been a writer, activist, and women’s health advocate for over 25 years. She attended Marylhurst University’s Multidisciplinary Studies Program in Portland, Oregon, and has continued her formal education through certificates and training, including the Interpersonal Neurobiology of Trauma Certification Program at Portland State University. Vanessa has served as the Director of Programs at Raphael House of Portland, a Northwest regional field organizer for the National Organization for Women, and the domestic violence program coordinator for the Multnomah County Domestic Violence Coordination Office, in addition to serving OCADSV in the past as the Women of Color Coordinator and Board Chair. She is currently the director of Oregon Coalition Against Domestic and Sexual Violence.



DESCRIPTION OF WORKSHOPS

Age-Related Consensual Sex Violation and Best Practice in Reporting

Unsure of your duty reporting consensual sex violations? Learn about Nevada laws pertaining to age related consensual sex and prepare now for the challenges in reporting. These community experts will help you to develop tools to understand and discuss consent with teens. Attendees will also leave with an understanding of Nevada laws and best practice in making reports of age-related sex violations to law enforcement or Child Protective Services.

Unfortunately, many mandatory reporters are unaware of these laws and their duty to report age related consensual sex violations. Through awareness, we hope to increase the reporting and prevention of Statutory Sexual Seduction and other age-related consensual sex violations across Nevada. We believe education and knowledge empowers!

Cultural Influences on Providing Services: Strategies for Competency and Inclusion for Undocumented/Immigrant Survivors

This presentation is geared towards not only helping advocates understand options, rights, and the effects immigration policy has on the populations we serve, but to also highlight intersectionality and to provide tools for empowerment. Current social/political context has brought on many fears for immigrant communities, in specific those who are victims. We have gathered information to help guide service providers around these issues and to bring forward a message of empathy.

Decolonizing Advocacy: Strategies for Outreach and Support Within Indigenous/Aboriginal Communities

The goal of this workshop is to provide advocates with outreach and support skills specific to indigenous/aboriginal womxn experiences with sexual assault and domestic violence.

Developing Volunteer Programs and Trainings

A successful volunteer program goes beyond creating a “free workforce.” During this workshop, we will explore how volunteers can increase the success of our agencies, as well as help drive the movements to end domestic and sexual violence. Initial and ongoing trainings provide new opportunities to empower individuals in our communities; especially survivors and individuals in the margins. Developing a solid volunteer program, with corresponding training, can be a daunting task. Not only will we discuss the benefits, but also actual methods and mechanics. We will delve into the key components of a great volunteer program, as well as engage in an interactive activity that will help participants create an initial volunteer training. This workshop is not only beneficial to those agencies who are just starting to build their volunteer workforce, but also those who would like fresh ideas to enhance their existing program.

Disciplined Too Young and Too Often: Understanding School Pushout

Across the country, school systems are shutting the doors of academic opportunity and funneling children into the juvenile and criminal justice systems by using overly harsh discipline practices to address student misbehavior. Advocates, educators, administrators, law enforcement, and community partners must be aware of current issues that increase a youth's vulnerability to victimization, court involvement, and school push-out in order to create innovative and relevant ways of engaging with targeted youth.

This presentation will provide an overview of the School-to-Prison Pipeline (STPP) and the various intersections of vulnerability that increase a child's risk of being streamlined into the justice system. In addition, participants will be encouraged to get involved in mitigating STPP issues by increasing protective factors and elevating the voices of youth leaders.

From Victim to Survivor: Music as a Tool for Healing and Empowerment

The field of interpersonal violence has largely relied on white-western models of care for survivors dealing with trauma. This workshop is rooted in decolonizing care principles and highlights a method of care humans have utilized for ages across all cultures; music. I will present qualitative research I conducted in graduate school alongside additional academic research to demonstrate the efficacy of music as a tool for survivors. The workshop allows participants to explore musical exercises and ties the value of storytelling across a continuum of healing and empowerment.

Fundraise Like a Genius: Creating Conversations that Motivate Staff, Board, Volunteers, and Donors

Einstein's definition of Genius: "One percent inspiration and 99 percent perspiration." This session will cover keeping yourself inspired to do the fantastically important work of fundraising for your nonprofit and practical tips to help you keep perspiration at a minimum. We'll talk about inspiration—how to keep yourself going in fundraising, why your work is important, and how to keep yourself, your board members, and your volunteers inspired and motivated. We will also cover the perspiration side—setting up your organization up for success: developing the infrastructure, the role of board, staff, and volunteers in fundraising, setting up a fundraising program, prioritizing fundraising methods and tasks, and using metrics to evaluate success.

Holistic Services: Safety Planning with LGBTQ+ Clients

This workshop focuses on implementing a holistic approach to safety planning for LGBTQ+ victim-survivors of Dating/Domestic Violence, Sexual Assault, Stalking and who care considering coming out to friends and family. Holistic safety planning requires that every single client who accesses services has a safety plan to ensure their support once they leave the office or end the hotline call. Far too often, direct service providers solely focus on physical safety planning for an immediate escape in an abusive relationship. However, clients experience a range of trauma and, subsequently, a range of safety needs. Understanding that interpersonal violence stems from systemic oppression, we also know that we cannot address the root causes of our client's needs overnight. Thus, we have to create plans that acknowledge systemic oppression and provide alternatives to mainstream, system-centered justice that harm LGBTQ people (Mogul, Ritchie, & Whitlock, 2011). This workshop will provide a framework to implement safety planning into each interaction with a client to ensure action and empowerment. Attendees will receive a safety planning template to utilize with their clients. This workshop focuses on the very core of effective services; safety planning.

Impact of Trauma on Providers: Bouncing Back from Secondary Trauma

How many stories do you hear in one day? Advocates bring their strengths and vulnerabilities to work with them every day, tend to care for others before they tend to themselves, and go home exhausted. This exhaustion interferes with our abilities to make effective decisions, can lead to rigid thinking patterns and impair us professionally. When we are at home, how many other stories do we hear? Snowballing personal stressors can also impair our effectiveness as family members and friends. Impairment doesn't always take an obvious form like substance abuse: we often miss the warning signs of stress. This session looks at ways to identify the signs of stress and ways to flourish psychologically, physically, spiritually, emotionally, personally and professionally, in the hopes of finding ways to bounce back in a manner that complements and sustains our ongoing well-being and competence.

Intersectionality Dialogue Through Nonviolent Communication

Nonviolent communication (NVC) is a tool for discovering interests, bridging differences, and collaborating for a stronger future. Diverse groups of oppressed peoples are claiming their space in a national conversation about freedom and belonging. How can we as allies and advocates engage constructively when having difficult conversations about what it means to honor intersectionality? This workshop explores how the NVC framework can facilitate difficult conversations embroiled in fear, confusion, convictions, and blind spots. The NVC framework can facilitate courageous conversations and create a path of personal empowerment without disempowering others. This workshop seeks to shift the way we traditionally communicate with each other and to improve skills that de-escalate conflict. Practicing intersectionality as allies and advocates involves being inclusive and reaching across unfamiliar sectors of society. Doing so constructively using NVC can foster greater understanding and stronger decision-making in difficult conversations about race, gender, and identity.

Moving Beyond What Not to Do: Teaching Healthy Relationships

This workshop focuses on the dynamics of healthy relationships beyond the binary and how to navigate them. Oftentimes the anti-violence movement has tunnel-vision for what not to do and what power and control dynamics to not engage in. While these are essential to the movement, we must also thoroughly understand what healthy relationships are and how to educate the community on these dynamics and how to implement them.

Building Sustainable Rural Programs

Rural programs are often faced with small budgets, small staff and large geographic areas to serve. In Nevada, it is not common for programs to serve two or three counties. So how do you provide services to your entire service area without burning out your small but dedicated staff? This workshop will discuss the realities of rural service provision, show how a program can engage in an informal needs assessment, explore options to provide services for the whole service area, and participants will brainstorm on how implement strategies in their service areas.

SANE Report Findings Across Nevada

This workshop will discuss the findings of the NCEDSV's SANE Report and the impact on communities in which NRS law is not enforced. Participants will learn what the expectations of each county are, and if their county's responders are in compliance with Nevada law. Participants will also discuss and brainstorm ways to increase survivor access and ease of services.

Supporting Adolescents with Disabilities Who Are Struggling in Abusive Relationships: Tips for Parents and Service Providers

This workshop is specifically designed for parents and service providers who work with adolescents who have disabilities. Abusers specifically target this adolescent population to manipulate and control them in personal intimate relationships. The discussion will include an overview of relationship abuse strategies used against people who have disabilities, the risk and protective factors, practical ways for parents and service providers to support these adolescents and exploration of violence prevention approaches.

Supporting Our Staff: making the shift from victim advocate to advocate supervisor

This workshop will support agency supervisors to apply a trauma-informed, healing centered approach to their management of staff. Attendees will be able to transform their skills as victim-advocates into tangible supervision tools

Supporting Survivors Living with or at Risk for HIV

Victims of domestic violence are at an increased risk for acquiring HIV, and women living with HIV experience domestic violence at rates higher than the general population. (Campbell JC, Soeken K. 1999; Machtinger 2012) In the United States, 55% of women living with HIV have experienced domestic violence. (Machtinger, 2012) This experience can decrease the survivor's overall health, interrupt the effectiveness of medications, and increase the chance of developing an AIDS-related illness or condition.

This workshop will outline HIV acquisition, the risk factors for HIV, testing, medications, and providing trauma-informed support to survivors living with or at risk for HIV. Attendees will leave the workshop with increased knowledge on the intersection of domestic violence and HIV, access to resources, and new skills for discussing HIV with survivors of domestic violence.

Millennial to Gen Z: Youth Culture, Adulthood and Effective Prevention

"Community organizations and agencies typically see young people as a constituency army rather than decision-makers in their own right- they see youth as the leaders of tomorrow rather than the leaders of today" (Listen INC., 2003). Youth are consistently underserved and are frequently subjected to high levels of adulthood by the very individuals reaching out to them. This results in ineffective prevention work, high turn-over rates of youth in the SV/DV movement, and the exclusion of their voices in the work that impacts them.

This workshop will take an in-depth look at what youth culture looks like, challenge attendees to examine their attitudes and beliefs regarding youth, and identify ways that adulthood appears in their work. When we challenge adulthood in this movement we make space for youth to join us and can have the inter-generational collaboration it takes to prevent domestic and sexual violence and end this epidemic in our communities.

The intersection between birth work and reproductive justice using a trauma-informed doula approach

A beginning conversation on the role of birth workers in the anti-violence movement. By equipping birthing persons with informed consent, knowledge acquisition, and doula support we can decrease unnecessary medical interventions and increase birth satisfaction and long term health outcomes. It is a long term approach to breaking the cycle of violence. We believe that if an individual learns how to trust their body, knows their rights, is given the chance to practice body autonomy, and is taught to tune into the power of the body, healing will begin. Birthing persons can become more intuitive in their child's needs through empowered support and education as it provides a safe and secure environment for babies to thrive and become healthy humans, in addition to creating parents and families who are connected to their community.

Using Film & Cinema as a Community Engagement Tool for Primary Prevention Efforts

Film and cinema can play an instrumental role in engaging our communities about addressing and preventing gender violence. Drawn from research, this workshop will explore how and why these culturally relevant tools can be used to shift the culture and create social change in our communities? By highlighting these innovative and inclusive approaches using examples, the participants will be able to further identify potential challenges and strategies to overcome them.

Your Body, Your Right: Talking to Survivors About Reproductive Coercion, Rights and Justice

This workshop advocates an overview of reproductive coercion and justice within intimate partner relationships, and in society as a whole. In this workshop, advocates will learn about how reproductive injustice and oppression in larger society contributes to reproductive coercion in intimate partner relationships. Advocates will practice asking the right questions to screen survivors for reproductive coercion, and consider how to safety plan with them. The workshop will take place in the context of reproductive justice, and participants will learn about the empowerment that comes behind working with a reproductive justice lens.