

# The Resiliency Wheel



**Wheel/Headings Source:** Nan Henderson and Mile Milstein. *Resiliency in Schools: Making it Happen for Students and Educators*. Thousand Oaks, CA: Corwin Press, 2003.

**Descriptive Text Source:** Nan Henderson, et al. *Schoolwide Approaches for Fostering Resiliency*. San Diego, CA: Resiliency in Action, 2000.