

Wear Orange Day Tuesday, 2/9

Orange is the official color of TDVAM! Take a selfie and use hashtags #KnowYourWorth, #loveisrespect, and #TDVAM.

Challenge your friends to see who can wear the most orange. It could be clothing – even socks, shoes, and earrings – or makeup.

Don't own anything orange? You can use a marker and draw a shape on your hand to raise awareness, or create your own drawing using orange markers. By sharing your pictures on social media, you're helping to spread the message that everyone deserves a healthy relationship.

This is a great, easy way to show your solidarity. How many of your friends or classmates can you convince to wear orange?

