

Share Your Worth Wednesday, 2/10

Respect is crucial in all relationships, so it's important to talk about it! Use this day to share what respect means to you, and get creative with it!

It could be a poem you have written, or a story that you feel highlights what a healthy relationship looks like. Maybe you want to draw a picture of what respect means to you, or create a video showing how to treat others with respect and care. Or get some chalk and put reminders near your house or school!

We want people to know that they are worthy of respect and kindness. Do you work with or support young people? Make a post reminding the young people in your life that you are always there to support them as a listening ear, and that you respect and value them.

Any way you want to express that respect is an essential part of any healthy relationship is great!

