



NCEDSV
ADVOCACY • EDUCATION • SUPPORT

The Nevada Coalition to End Domestic and Sexual Violence

presents:

COMPASSION THROUGH THE CRISIS: CULTIVATING RESILIENCY AND
OVERCOMING THE UNEXPECTED



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COMPASSION THROUGH
THE CRISIS
2021 Annual Conference

September 21-23, 2021 | Virtual Event

2021 Annual Conference

ANNUAL CONFERENCE OVERVIEW

September 21- 23, 2021

2020 was the year that turned the world upside down. It taught us how to live, love and care for others in new, and often more challenging ways. While we can find relief in the new year and what it has brought us, this year's conference reflects on what we learned in the last year, including new ways to advocate for survivors, lessons we learned while serving our communities, bringing compassion to the crisis and learning the power of resiliency.

SUPPORTERS

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DAY 1: SEPTEMBER 21, 2021

WELCOME: 8:45 AM – 9:00 AM

PLENARY SESSION: 9:00 AM – 10:00 AM

The Journey of Compassion

Plenaries Varsha N.

Live Stream:

10:00 AM – 10:30 AM Break

Breakout Sessions

10:30 AM – 11:45 AM

Conscientious Transformation: Managing Organizational Change

Elizabeth Flory

Live Stream:

Intimate Partner Violence, COVID-19 and Virtual Meetings: Increasing Safety for People Surviving Abuse

Judy Henderson

Live Stream:

11:45 AM – 2:00 PM Lunch Break

Fundraising in a Virtual World (Lunch & Learn)

Linda Lysakowski, ACFRE

Live Stream:

Breakout Sessions

2:00 PM – 3:15 PM

Making Every Door the Right Door: Working with Victims/Survivors that Use Substances

Katarina Pulver

Live Stream:

Preparing for Mediation: Overview of the Process, Benefits and Pitfalls

Tina Zhang

Live Stream:



DAY 1 PLENARY – VARSHA N, JD



Varsha serves as an international speaker/consultant and is the founder of ROAR TC® (Training & Consulting), LLC. She addresses a wide variety of topics including bystander intervention, bias, diversity, cross-cultural communication, healing modalities, domestic violence and sexual assault and has worked with diverse immigrant, cultural populations and interfaith communities. The mission of ROAR TC® is to engage professionals and community members in critical thinking, to provide the necessary skills to enhance services provided in support of diverse and underserved populations and to seek effective collaboration amongst team members. When addressing complex social issues, such as sexual assault, bullying, diversity/inclusion, trauma informed care, we strive to successfully follow the prescribed steps outlined by ROAR T&C - **Recognize, Observe, Analyze, and Respond®**.

In addition to delivering trainings nationally she delivers trainings/workshops around the world –including but not limited to Rwanda, Greece, Italy, Australia, Spain amongst many other places to diverse professional groups including legal and medical professionals amongst other professions. Recently she provided trainings on domestic violence and sexual assault to groups of Judges in New Delhi Courts in India. Varsha has also received additional training through **Harvard Medical School's Program in Global Refugee Trauma** focusing on global mental health issues affecting refugees worldwide. Her work experiences include working with diverse populations from Somalia, India, Iraq, Nigeria, Sierra Leone, Nepal, Russia, and many more. She has also assisted with guardian ad litem and political asylum cases.

She is well-experienced in working with survivors of sexual assault and domestic violence in a variety of settings and has provided and directed the training of advocates and staff in skills and knowledge related to the support of sexual assault and domestic violence survivors. Varsha has developed programs to broaden services provided by rape crisis centers, to improve protocols for advocates and to address unique challenges.

Varsha received her BA from Columbia University in New York and later received her JD. Her past and present diverse experiences include serving on national and local non-profit boards and committees dedicated to addressing issues related to diversity, elder abuse, sexual assault, and domestic violence. Varsha serves on the Los Angeles Police Department DNA Taskforce in California and serves as a Director on the Board of Directors, End Violence Against Women International and has served as Advisory Council to the United Nations Women United States Committee Los Angeles.



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DAY 2: SEPTEMBER 22, 2021

PLENARY SESSION: 9:00 AM – 10:00 AM

Walking In Balance

Strong Oak Lefebvre

Live Stream:

10:00 AM – 10:30 AM Break

Breakout Sessions

10:30 AM – 11:45 AM

Managing Compassion Fatigue and Cultivating Professional Resilience

Jerusha DeBattista

Live Stream:

Hanging Out or Hooking Up: Moving Beyond the Core Principles of Adolescent Relationship Abuse

Judy Henderson

Live Stream

How the Empowerment Dynamic Model Can Lighten Your Load as a Helper

Stephanie Flores

Live Stream:

11:45 AM – 1:00 PM Lunch Break

Breakout Sessions

1:00 PM – 2:15 PM

Advocating During a Pandemic: It's Personal & Professional

Carrie Smyser

Live Stream:

Nuances of Sexual Violence: PREA, Advocacy and Allyship

Jameelah Lewis and Cynthia Totten

Live Stream:

2:15 PM – 2:45 PM Break

Breakout Sessions

2:45 PM – 4:00 PM

Understanding the Unique Experiences of Undocumented and Immigrant Victims & Survivors & How We Can Alleviate Potential Stress

Sandra Quiroz and Liridian Gamboa

Live Stream:

Financial Empowerment: Emergency Survivor Funds

Holly Ramella

Live Stream:



DAY 2 PLENARY – STRONG OAK LEFEBVRE



Strong Oak Lefebvre, MSSA: Executive Director and co-founder of the Visioning B.E.A.R. Circle Intertribal Coalition INC. She is a co-author of the Walking in Balance with All Our Relations teaching curriculum, a violence prevention approach that is based on transformative/restorative Circle practices and traditional values of indigenous people prior to colonization. Strong Oak has recently been named to the statutory Governor’s Restorative Justice Advisory Committee in Massachusetts to serve from 2018 to 2024. She teaches Circle process to communities, agencies, and providers working with those who are survivors of homicide victims, domestic and sexual violence; and those who are working to return to their communities’ violence-free after having hurt others.



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DAY 3: SEPTEMBER 23, 2021

PLENARY SESSION- 9:00 AM – 10:00 AM

A Story To Tell

Erika Washington

Live Stream:

10:00 AM – 10:30 AM Break

Breakout Sessions

10:30 AM – 11:45 AM

The “We” Affect: Leadership modeling that cultivates resilience and healthy ecosystems of survivor-advocacy from the Executive to the Survivor

Tiffany Frazier

Live Stream:

Instilling Hope: Stress Management Tools for Healthy Family Relationships

Jill Baker-Tingey

Live Stream:

11:45 AM – 2:00 PM Lunch Break

Breakout Sessions

2:00 PM – 3:15 PM

Transgender, non-binary and gender non-conforming communities and interpersonal violence

Sy Bernabei

Live Stream:

Building Resiliency with Trauma-Informed Yoga and Mindfulness

Nicholas Stanton

Live Stream:



DAY 3 PLENARY – ERIKA WASHINGTON

Erika F. Washington moved to the Las Vegas valley more than a decade ago and instantly integrated herself into the community. Working for many years as a journalist for the only African American newspaper in the state of Nevada, she came to appreciate and understand the inner workings of Nevada politics.

Currently as the Executive Director for the Make It Work Nevada and Make It Work Nevada Education Fund, she is striving to redefine the traditional idea of what organizing looks like. Since 2015 she has sought out to refocus old strategy ideas and adjust the view through both a gender and cultural lens. The organization is successfully organizing Black women and their families around important economic, racial, and reproductive justice issues that will have a long-lasting effect on the political and cultural landscape of Nevada.

She believes and has proven that by amplifying the narrative of folks living at the margins and building infrastructure to expand opportunities and engagement will build bridges across groups and power for the long term.

She is currently chair of the Family Values @ Work Board of Directors; 4-term appointed board member for the city of Las Vegas Community Development Recommending Board; Board Chair for Michigan based Mothering Justice; board member 9to5; board member for the Progressive Leadership Alliance of Nevada; state appointed to the newly established Nevada state Maternal Mortality Review Committee and the former 1st Vice Chair of the Clark County Democratic Party.

When she is not working to fight for progressive initiatives, she devotes her time to her almost grown daughters. drinking tea and discovering





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NCEDSV STAFF

Thank you to the NCEDSV Staff that make the Annual Conference a success every year! Their hard work truly shows through every detail of our three-day event. Every staff member plays a role in the conception and implementation of this event.

Please feel free to thank or reach out to the NCEDSV Staff:

Sue Meuschke, Executive Director

suem@ncedsv.org

Amber Batchelor, Program Director

programdir@ncedsv.org

Toni Beauchamp, Administrative Coordinator

admincoord@ncedsv.org

Amanda Bullard, Administrative Director

accounting@ncedsv.org

Lisa Lynn Chapman, Technical Assistance Coordinator

lialc@ncedsv.org

Avery Contreras, Administrative Specialist

adminreno@ncedsv.org

Serena Evans, Policy Coordinator

publicpolicy@ncedsv.org

Judy Henderson, Training Coordinator

judyh@ncedsv.org

Misty Stewart, Program Specialist

outreach@ncedsv.org

Lindsay Yates, Event Coordinator

adminlv@ncedsv.org

Thank you to all of the participants who attended the 2021 Annual Conference. NCEDSV values your feedback, so please be sure to submit your surveys. If you have comments or questions, we would love to hear from you; please send an email to conf@ncedsv.org.