

Nevada Presentations and Public Education Campaigns Addressing the Prevention of Child Abuse, Adolescent and Young Adult Relationship Abuse, and the Promotion of Healthy Relationships

Updated 10.7.2020

This list includes presentations and public education campaigns developed and/or adapted by Nevada educators. It is not meant to be fully comprehensive as this is a "living" document and changes are made to address the current needs of the audience and the organization that provides the information. It is a starting point for educators and other professionals as well as community-based advocates who wish to learn more about the prevention of child sexual abuse, adolescent and young adult relationship abuse and the promotion of healthy relationships. The geographic area, ages of audience and grade level are also noted, if specified.

Organization, Geographic Area and Grade Level	Presentation Description and Contact Information
<p>Advocates to End Domestic Violence</p> <p>Northern NV (Carson City area) Grades 7-12</p>	<p>Advocates to End Domestic Violence has a collaborative relationship with the Carson City School District to educate Carson City's youth about the unacceptability of violence. Through this collaboration, advocates annually work with the Carson City School District to help students learn the dynamics of healthy relationships and the 'red flags' of an abusive relationship. Advocates to End Domestic Violence also offers support to after school programs and one-on-one peer counseling. Contact Traci 775.883.7654 or saracoord@aedv.org.</p>
<p><u>Child Assault Prevention (CAP) Project</u></p> <p>Washoe, Storey, & Lyon Counties</p>	<p>The Child Assault Prevention Project strives to empower children to be "Safe, Strong, and Free". Through education and prevention programs designed to increase children's safety from bullying, abuse and assault, CAP is committed to breaking the cycle of abuse in our community. CAP facilitators present the interactive workshop in each individual classroom and engage the children in discussion, songs, role-plays, and demonstrations. The program addresses bullying, stranger dangers, internet predators, cyberbullying and how to recognize and ward off physical and sexual abuse.</p> <p>Their website lists three programs focused on second, fourth, and sixth grades. For the second grade program helps children to recognize dangerous situations and keep themselves safe and promotes the belief that we are all responsible to empower children with strength and confidence. The fourth grade program teaches children to watch out for tricks and persuasive tactics that can be used to lure them into dangerous situations and teaches acceptance and understanding of disabilities and diversity. The sixth grade program helps students realize the negative side of social media including the permanence of posts on the web and encourages awareness of how actions and words can have devastating effects on others. For more information, call 775.348.0600.</p>

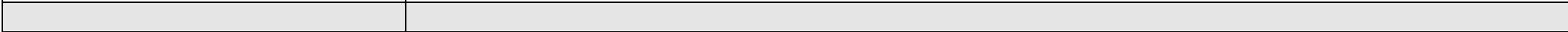
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<p>The Children’s Cabinet</p> <p>Washoe & Clark Counties Carson City and Elko</p> <p>Main Office in Reno: 775.856.6200</p>	<p><u>The Family & Youth Interventions (FYI) Department</u> provides programs related to truancy, tutoring, youth employment, community service, case management, and counseling.</p> <p><u>Youth Education & Training</u> includes information about the Redfield Academy, Cabinet Ink, Washoe Youth Build, The Youth Collaboratory, community education, and re-engagement center.</p> <p><u>Youth Programs</u> includes information about programs for runaway and homeless youth, foster care youth, suicide, youth leadership and the Safe Place program.</p> <p><u>Family Programs</u> includes information about case management, family counseling, food pantries, and additional resources.</p> <p>Parenting Education</p> <p>Supporting Early Education and Development (SEED) supports families in raising healthy children, assists parents in managing day-to-day parenting stress, and encourages their involvement as their child’s first teacher. Parenting support classes and webinars help families build and maintain healthy relationships, in addition to promoting a better future for your child. The Children’s Cabinet offers these trainings at no cost. For more information on registration please follow our Eventbrite page: www.nvparentingedu.eventbrite.com</p> <p>Provider Education</p> <p>Early Childhood- and Out of School Time professionals need support and training opportunities in order to expand the supply and increase the quality of child care and school age afterschool programming in Nevada. Our Supporting Early Education and Development (SEED) services provide an entry point to the child care field by helping providers become licensed as well as achieve initial and ongoing training and education goals. For Early Childhood providers: Once licensed, on-going support to maintain and/or increase the quality of care is provided. Quality child care is a critical component to ensuring children are prepared for school and for life. All provider trainings are approved by Nevada Registry. For more information on registration please follow our Eventbrite page: www.statewideprovidertraining.eventbrite.com</p> <p>HIPPY</p> <p>Washoe County has received funding for “Home Instruction for Parents of Preschool Youngsters” (HIPPY) program. HIPPY USA is based on 25 years of research and the HIPPY model has proven to be effective in improving school readiness, parent involvement, school attendance, classroom behavior and academic achievement for children participating in the program. This evidence-based home visiting program is designed to improve child outcomes by supporting the parents in their role as the child’s first and most important teacher.</p> <p>The HIPPY USA Curriculum is designed for children ages two to five, with 30 weekly activity packets, nine storybooks and a set of 20 manipulative shapes for each year. In addition to these basic materials, supplies such as scissors and crayons are provided for each participating family. The HIPPY USA program has trained coordinators and community-based home visitors who role-play activities with parents as well as support parents with community resources as needed.</p> <p>The HIPPY parents will become the facilitator in the learning process with their child. In addition, parents will gain</p>

confidence through their own participation in the HIPPY program and will eventually become comfortable expanding the activities and broadening the learning experiences for their child.

Who is eligible for HIPPY?

Parents of children, ages two to five, who want educational enrichment for their children. For more information, please call Lisa Boneck at 775-291-3572.



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<p>Crisis Support Services of Nevada</p> <p>Northern Nevada</p> <p>Young Adults attending a University/College</p>	<p>Crisis Support Services of Nevada offers education for young adults attending colleges and universities in northern Nevada on a variety of topics related to gender-based violence including sexual assault. To meet your specific educational needs and learn more about the role of the Campus Victim Advocate/SASS, contact Gwyndelyn Chen, Office: 775.784.8085; Direct line: 775.221.7634 ext. 150. http://cssnv.org</p> <p>If you are interested in becoming a volunteer for CSSNV, visit https://cssnv.org/volunteer or call 775.784.8085 or email volunteer@cssnv.org.</p>
<p>Inter-Tribal Council of Nevada (ITCN) Domestic Violence Program</p> <p>Statewide</p>	<p>The Inter-Tribal Council of Nevada’s Family Violence Prevention Program has a variety of outreach and awareness presentations focused on the prevention of family/domestic violence, sexual assault awareness and introducing healthy relationships and self-empowerment. These presentations incorporate the cultural aspects of Native American values, historical trauma and traditional family wellness. Trainings were provided by: The Native Wellness Institute, Teen Assault Prevention Program (TAPP), Red Wing Consultant Inc., Mending the Sacred Hoop, and the National Indigenous Women’s Resource Center (NIWRC.) To schedule an event, contact Clarice Charlie-Hubbard, ITCN-Family Violence Program Director 775.355.0600 ext. 116 or ccharlie@itcn.org</p>
<p>Nevada Child Seekers</p> <p>Southern NV (Clark County)</p> <p>Virtual education opportunities may be available for other NV communities outside of Clark County.</p>	<p>Be Brave Program- Bullying Prevention Grades K-12</p> <p>Be Brave is a bullying prevention program that aims to give each and every student the power to stop bullying when it is happening around them. Be Brave caters to the self-esteem of children as the primary prevention tool when it comes to bullying in order to give children the power to Be Brave for not only themselves, but for others around them and report bullying when it happens. After clearly defining what bullying is and the different kinds (Physical, Verbal, Social & Cyber) we use interactive games, music or activities to keep our message memorable! Presentation changes based on age group- contact us for full agenda!</p> <p>For more information regarding any of their education programs, call Heather 702.458.7009 or via email at heather@nevadachildseekers.org.</p> <p style="text-align: right;">CONTINUED ON NEXT PAGE</p>

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	<p>Operation Drug Free Grades 3-12 + Parent Presentation</p> <p>Operation: Drug Free was created in partnership with the Drug Enforcement Administration to educate middle school and high school teens about the reality of drugs and addiction and give them resources to report or recover. Our presentation covers Alcohol, Tobacco, Vaping, Marijuana, Methamphetamine, Cocaine, Designer Drugs, Heroin & Legal Medications, The effects of drug use, Recovery resources. Presentation changes based on age group- contact us for full agenda!</p> <p>NetSmartz Kids- Internet Safety Program Grades K-12 + Parent Presentation</p> <p>Brought to you by the National Center for Missing and Exploited Children, NetSmartz is an age appropriate approach to internet safety! Presentation changes based on age group- contact us for full agenda!</p> <p>Radkids- Self Defense Workshop Grades 3-8</p> <p>Since 2001, Radkids Inc. has been committed to providing education that enhances the ability of children to utilize knowledge, skills, and power to protect themselves from violence and harm. The program emphasizes: Ability to make safe decisions while also recognizing, avoiding, and if necessary to escaping violence or harm, Character development, Citizenship training, Personal fitness, and predators & physical resistance strategies. Presentation changes based on age group- contact us for full agenda!</p> <p>Shout Out Loud- Personal Safety & Abduction Prevention Grades K-5 + Parents</p> <p>‘Shout Out Loud’ is a gentle approach to abduction prevention. Shout Out Loud is designed to be nonthreatening, interactive, and fun for students to learn some simple safety rules that cover the most common situations where children are vulnerable to abduction and danger. Parent presentation covers the common tricks used by predators and resources for parents to be aware of these predator strategies</p> <p>Human Trafficking Education Grades 9-12 + Parents</p> <p>Human trafficking is modern slavery. It involves exploiting a person through force, fraud, or coercion for the purpose of forced labor, commercial sex, or both. Victims of human trafficking include men, women, boys and girls. Nevada Child Seekers is dedicated to recovering missing children and empowering them to escape and avoid unsafe situations. Human Trafficking among youth is an unfortunate reality. Our presentation covers: What is Human Trafficking, Who is at Risk? Runaway Children connection, Warning Signs of Trafficking/Traffickers, Trafficking in the media vs. real life and Helpful resources.</p>

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<p>Nevada Public Health Foundation</p> <p>Statewide Statutory Rape Education Project Office is located in Carson City</p>	<p>The Nevada Public Health Foundation’s Statutory Rape Education Project provides free of charge presentations on Statutory Sexual Seduction (a.k.a. statutory rape) and age-gap relationships, the harmful impact of these crimes on victims, healthy relationships, consent, and best-practice in making reports of these crimes. These classes are offered throughout NV to middle and high school teens, parents, mandatory reporters (social workers, teachers, nurses, health care professionals, etc.), law enforcement (police, judges, lawyers/attorneys,) victim-witness advocates, and other professionals. Presentations can be customized to fit most time frames. CEUs for various professions are available. Contact the NPHF’s Program Manager, Tess Peterson, MSW at tess@nphf.org www.nevadapublichealthfoundation.org.</p>
<p>Nevada Coalition to End Domestic and Sexual Violence</p> <p>Hanging Out or Hooking Up Statewide Grades 9-12 & Adults</p> <p>Bystander Intervention Training of Trainers Curriculum</p> <p>Developed and adapted from the evidence-based, Green Dot Program and was modified to fit high schools in Nevada communities.</p> <p>Preventing Sexual Violence Against People with Developmental Disabilities Audience: Service providers, peer educators, and parents of young adults with developmental disabilities.</p>	<p>Hanging Out or Hooking Up is a four-hour workshop that will prepare adults who work with adolescents and young adult peer educators to share information about young adult relationship abuse, its definition, its causes & warning signs, the consequences associated with abuse, how to help, and how to promote the development of healthy relationships. This workshop has been offered across Nevada and includes an overview module and may include a second module for teens who identify with the LGBTQ community or a third module for young adults who have a disability. All materials have been translated from English into Spanish. Each participant receives electronic copies of the modules and support materials. Contact Judy Henderson at judyh@ncedsv.org to learn more about this workshop.</p> <p>Bystander Intervention Training (formerly Step Up Stop Violence) incorporates bystander strategies along with widespread public awareness campaigns would be likely engage teens and young adults to not only identify potentially high risk violent situations, but also to safely intervene to prevent violence from occurring. The bystander approach begins by speaking out against ideas and behaviors that promote and tolerate violence. A commitment to stop violence can turn a once apathetic bystander into an engaged ally that discourages victim blaming and promotes action on the part of the individual.</p> <p>There are many bystander strategies which combat sexual violence, stalking, intimate partner violence and bullying. When researching bystander literature and strategies for adoption in Nevada, it was evident that Green Dot had the preliminary scientific basis and academic approach that would increase the likelihood of success for preventing and reducing the number of violent incidents in Nevada. The Green Dot Model of Intervention demonstrates to participants’ safe and positive ways they can react to prevent or intervene when there is a risk for sexual or domestic violence. The Bystander Intervention Training curriculum has been approved by the Nevada Department of Education for professional development training credits for teachers and also approved for CEUs by the Nevada Board of Social Work. It is an 8-hour workshop.</p> <p>For more information about Bystander Intervention Training in Nevada, contact Judy Henderson at judyh@ncedsv.org.</p>

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	<p>Preventing Sexual Violence Against People with Developmental Disabilities</p> <p>In 2019, NCEDSV began an initiative to address the issue of sexual violence against young adults with developmental disabilities. There is a wide range of disabilities, but developmental disabilities have a higher rate of sexual violence than other types so our focus was on this category to begin our public education campaign. With the help of an advisory council, NCEDSV created a webpage with resources that would help service providers, peer educators, and parents of children with developmental disabilities. View this webpage with Myths & Facts; Rights & Responsibilities; a Resource Guide; and Webinar recordings on this topic for parents and service providers. This webinar is posted in both English and Spanish and you can download the presentations slides and handouts for your use. https://www.ncedsv.org/preventing-sexual-abuse-of-people-with-developmental-disabilities/. If you are interested in a virtual presentation for your organization staff or the parents with which you work or peer educators, please contact Judy Henderson at judyh@ncedsv.org.</p>
<p>Prevent Child Abuse Nevada at the Nevada Institute for Children's Research and Policy</p> <p>This organization offers a variety of FREE trainings for parents and providers. Contact Mayra for a full description of courses being offered to parents in both English and Spanish.</p> <p>The trainings listed to the right are primarily for providers.</p> <p>CEUs are available upon request. Sessions available for 1 to 2 hours.</p> <p>To schedule a presentation, contact the Program Coordinator: Mayra Pacheco via email: mayra.pacheco@unlv.edu or 702.895.1128 http://preventchildabusenevada.org</p>	<p>Recognize & Report Child Maltreatment: Child maltreatment is not selective; it exists in all segments of our society. This training will teach individuals how to recognize characteristics of child maltreatment in children and abusive parents, defining a mandated reporter, identifying steps in reporting suspected child maltreatment, and resources for families and caregivers.</p> <p>Enough Abuse: Preventing Child Sexual Abuse: Enough Abuse! This educational program discusses the nature and scope of child abuse, from inappropriate boundary violations to illegal sexual abuse of child or teens. It also provides elements of proper screening of prospective staff and how to respond to disclosure of sexual abuse or misconduct.</p> <p>Working with Parents in Culturally Competent Ways: Cultural competency is the ability to work with families and learn practices to respect cultural preferences and increase family responsiveness. This session provides participants with an overview of the relationships between culture and parental functions, and learning strategies to address issues during parent interventions.</p> <p>Toxic Stress & Child Development: A child's earliest years are the most crucial for brain development. Living in stressful environments can negatively affect a child's emotional, social, and physical development. Through this training, attendees will be provided with an overview of how stress can affect brain development, and be shown how to identify potentially unsafe children and the steps to take when suspicion arises.</p> <p>"NEW" Toxic Stress & High Risk Behaviors: Living in stressful environments can negatively affect an individual's emotional, social, and physical development. Through this training, attendees will be provided with an overview of how stress can affect brain development, will learn how these changes in the brain may lead to the adoption of high risk behaviors.</p> <p>Speak Up For Your Family: Advocacy 101: Learn the basics of what makes up advocacy and discover how this process can help you achieve a better outcome for you, your family, and your community.</p>

Parent Education Seminars:

- Choose Your Partner and Caregiver Carefully
- Triple P: The Power of Positive Parenting
- Triple P: Raising, Confident, Competent Children
- Triple P: Raising Resilient Children
- Healthy Families, Healthy Communities
- Enough Abuse: Strategies for Your Family and Community

The Rape Crisis Center

Southern NV (Clark County)

The Enough Abuse Campaign: Child Sexual Abuse Prevention Program

The Enough Abuse Campaign aims to engage adults in addressing child sexual abuse as the public health crisis that it is. Through training, education, policy change, and cultural shift, Enough Abuse works to end child sexual abuse in our communities. This is aimed at adults, including Parents, Youth-Serving Organization staff, the Medical Community, School staff, Clergy and the Faith Community, and others.

The program can be delivered in 90 minutes up to 3 hours. Presentations are free and timing is flexible and can be offered at the convenience of the audience. Contact our Prevention and Education team to schedule a program. Dani Bell via email at dbell@rcclv.org.

Party Smart

Party Smart is a safety campaign to encourage everyone going into a party situation, whether at a friend's house, at the hottest club, or for a weekend getaway, to have each other's backs – friends and strangers – in being mindful of sexual predators. The most effective way to do that, stay with your posse – Arrive Together, Stick Together, Leave Together. That includes sharing ride sharing routes, and whatever it takes so that everyone has a great time and gets home safely. Check out many more safety tips at partysmartinlv.com, our website. For more information, contact Lisa McAllister via email at lisam@rcclv.org.

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	<p>YourSPACE Middle School</p> <p>The intended audience for this program is 8th Grade students. The program includes 5 – 50-minute class sessions.</p> <p>The YourSPACE Program focuses on educating and empowering youth to understand and recognize the hallmarks of healthy relationships to prevent victimization and perpetration, and how to serve as active bystanders to safely intervene in cases of potential violence. The program is age appropriate, gender inclusive, and does not include elements of sexual education.</p> <p>The program includes modules on: Social Norms and Objectification, Health and Unhealthy Relationships, Emotional Intelligence, Sexual Harassment and Intervention, Day 5 – Optional but strongly recommended- Technology and Human Trafficking. This program has been reviewed by the Clark County School District. Contact Dani Bell via email at dbell@rcclv.org.</p>
	<p>YourSPACE High School</p> <p>The target audience for this program is students in 9th-12th grade. This program occurs over the course of four-five 50 minute classes (5th class is optional).</p> <p>The YourSPACE Program focuses on educating and empowering youth to understand and recognize the hallmarks of healthy relationships, and give them an understanding to help prevent victimization and perpetration, and how to safely intervene in cases of potential violence. The program is age appropriate, gender inclusive, and does not discuss the same elements of sexual education.</p> <p>Topics for the program include: Equality = Nonviolence, Coercion is NOT Consent, Dating and Sexual Violence, Active Bystander Intervention, and Technology and Human Trafficking. The program has been reviewed by the Clark County School District and meets several specific standards within the health curriculum for the department of education. Contact Dani Bell via email at dbell@rcclv.org</p>
	<p>Care for Kids</p> <p>The target audience for Care for Kids are students in Pre-K – 2nd Grade. Each module lasts 30 minutes.</p> <p>Care for Kids is a developmentally targeted, trauma-informed abuse prevention program for pre-school and elementary school communities. The program focuses on building children’s healthy relationship skills through a series of six multi-modal and experiential lessons. The curriculum teaches children protective factors such as self-esteem, identifying and expressing emotions and anatomically correct terms for body parts.</p> <p>Lessons include: Asking for Help, Feelings, Understanding our Bodies, Babies, Asking for Permission, Conclusions.</p> <p>The program includes a Training of Trainers Model, where RCC staff can train school teachers, counselors, or other school staff to teach the program. Contact Dani Bell via email at dbell@rcclv.org</p>

	<p>Child Assault Prevention Program (CAP)</p> <p>This program is offered in elementary schools with a target audience of 1st-3rd Graders. The program lasts approximately 90 minutes.</p> <p>This interactive workshop includes teaching children their rights to be safe from all harm. Students learn empowerment skills to protect themselves from bullies and other abusers, and are taught ways to keep themselves safe from strangers, including those on the internet. We help children recognize tactics that abusers use to trick kids into victimization (which includes people they know and/or love), and discuss safe, healthy body boundaries which include the topics of safe touch vs. unsafe touch as well as safe secrets vs. unsafe secrets. This program has been reviewed by the Clark County School District. Contact Dani Bell via email at dbell@rcclv.org.</p>
	<p>We Care Elementary</p> <p>The intended audience for the program is students in 3rd-6th Grades. Each module is 30 minutes in length.</p> <p>We Care Elementary is a developmentally targeted, trauma-informed sexual abuse prevention program for elementary school communities. We Care Elementary focuses on building children’s healthy relationship skills through multimodal, highly experiential lessons. The program focuses on different topics at each grade level that address the risk and protective factors related to victimization and perpetration.</p> <p>3rd Grade: Communicating and Understanding Feelings</p> <p>4th Grade: Understanding Personal Boundaries</p> <p>5th Grade: Recognizing Boundaries in Others</p> <p>6th Grade: Understanding Sexual Harassment</p> <p>We Care Elementary offers a Training of Trainers Model where RCC staff will provide training to teachers, counselors and other school staff to be able to teach the program. Contact Dani Bell via email at dbell@rcclv.org.</p>

Organization, Geographic Area and Grade Level	Presentation Description and Contact Information
<p>Safe Embrace Washoe County</p>	<p>Coaching Boys into Men and Athletes as Leaders Prevention Education Programs:</p> <p>The Coaching Boys into Men (CBIM) and Athletes as Leaders (AAL) Violence Prevention programs facilitate the unique connections that high school athletic coaches have with their players by providing them the resources they need to promote respectful behavior among their players and help prevent relationship abuse, harassment, and sexual assault. The curriculum consists of a series of coach-to-athlete training that illustrate ways to model respect and promote healthy relationships. Coaches will be trained to use the coaching card series to instructs coaches on how to incorporate themes associated with teamwork, integrity, fair play, and respect into their daily practice routine.</p> <p>This program in itself will be in cooperation with Athletes as Leaders that is the female version that is geared towards female athletics teams with the same high standards. The topics that are covered with CBIM/AAL curriculum are personal responsibility, insulting language, disrespectful behavior towards women & girls (CBIM), Digital Disrespect, consent, bragging about sexual reputation (CBIM), aggression, relationship abuse, communicating boundaries, promoting equality, Rumor Spreading (AAL), Relationship abuse and healthy relationships, Self- image (AAL), Supporting other students, and Challenging harmful gender stereotypes (AAL.) For more information, contact John Malcolm via email at malcolm@safeembrace.org.</p>
	<p>Mentors in Violence Prevention Programs:</p> <p>MVP is a mixed-gender, multi-racial, gender violence, bullying, and gay-bashing prevention program that applies the bystander approach to issues of sexual harassment, sexual assault, and relationship abuse.</p> <p>MVP also frames gender violence prevention as a leadership issue for administrators, faculty, and students at all levels of the educational system. The leadership and bystander focus allows the issues of gender violence prevention to be framed within a context of inclusion and responsibility for everyone. Audience is ages 16-24. For more information, contact John Malcolm via email at malcolm@safeembrace.org.</p>

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<p><u>S.A.F.E. House</u></p>	<p>Community Outreach & Education</p> <p>Domestic violence is a serious issue that continues to impact our neighborhoods and communities. You can help stop domestic violence by knowing the signs and how to give help.</p> <p>S.A.F.E. House’s Community Outreach & Education Program is focused on helping community members know how to identify a victim of domestic violence and reaching underserved populations that are at risk of becoming victims (such as youth). The program is also focused on raising awareness about the impact of domestic violence.</p> <p>If you would like more information about our Community Outreach Program or would like to schedule a training session for your group, call Monica at 702.451.4203 x 2104.</p>
<p>SafeNest</p> <p>Southern NV (Clark County)</p>	<p>SafeNest offers training in how to identify abuse, how to respond, how to prevent and how to best help if you know someone who is experiencing domestic abuse. In addition, SafeNest offers educational programs to train and educate organizations, corporations, and professional associations on the dynamics of domestic violence.</p> <p>Request Materials, Speaker or Training</p> <p>Would you like to have a SafeNest speaker talk to your staff, organization or colleagues about domestic violence? We welcome any opportunity to educate, advocate and inform the public about domestic violence in our community. From survivors to counselors to crisis service providers, our experts are available upon request. Contact us by calling: 702.877.0133 or <u>info@safenest.org</u>.</p>

Organization, Geographic Area and Grade Level	Presentation Description and Contact Information
<p>Sierra Community House</p> <p>Northern NV (Washoe County) and Northern CA (Placer & Nevada Counties)</p> <p>Offices in Incline Village, NV; Truckee, CA & Kings Beach, CA.</p> <p>For more information, call Sierra Community House 775.298.0010. 24-Hour Helpline: 1.800.736.1060.</p>	<p>VIOLENCE PREVENTION PROGRAM (kindergarten & elementary school)</p> <p>Kindergarten Yellow Dyno – 30 min. Students interact with Yellow Dyno to learn easy tips for staying safe, particularly with strangers. They will identify safe and unsafe behavior, learn to trust their instincts, ask trusted adults for help, practice safe distance, and that they have control over their bodies and have the right to say “no.” Virtual recording available.</p> <p>1st grade Bullying Prevention – 30 min. Through an interactive felt-board story, students will identify types of bullying and understand how a victim is affected by bullying. They will practice safe and healthy conflict resolution and take a stand to end bullying in their classroom/school with a pledge of understanding. Students will learn what to do and who to tell if they are a victim of, or witness to, bullying. Virtual recording available.</p> <p>2nd grade Alternatives to Anger – 45-50 min. Students will understand the importance of emotions, including anger. They will learn how to recognize and manage angry feelings by practicing healthy communication and identifying positive conflict resolution through role plays. Students will also look at the issues of power and bullying, and focus on positive outlets for emotional stress. Virtual recording or video presentation available.</p> <p>3rd grade Stranger Awareness – 45-60 min. Students will discuss who a stranger is and how to stay safe from strangers in all situations; including public, at home and on-line. In a creative project they will identify positive prevention, learn to say “no”, trust their own instincts, and feel confident talking to trusted adults.</p> <p>4th grade Alternatives to Anger – 45-60 min. Students will understand anger as a valid emotion. They will identify personal triggers, learn de-escalation techniques, practice assertive communication to manage conflict, and set personalized action steps. Virtual recording or video presentation available.</p> <p>5th grade Bullying/Sexual Harassment Prevention – 45-60 min. Students will gain a clear understanding of the nature of bullying: issues of power, why a bully bullies and types of bullying. They will understand how bullying leads to other forms of abuse (sexual harassment) and use empathy skills to learn prevention and bystander intervention techniques. Virtual recording or video presentation available.</p> <p style="text-align: right;">CONTINUED NEXT PAGE</p>

VIOLENCE PREVENTION PROGRAM (middle school) Virtual recordings or video presentations being developed.

6th grade – Bullying/Sexual Harassment Prevention 2 hrs. /2 class periods. Students will identify the dynamics, causes, and consequences of bullying and sexual harassment. They will understand how bullying and sexual harassment are related, practice techniques to prevent and intervene (bystander behavior), as well as learn about people and resources to help them and others.

7th grade Teen Dating/Intimate Partner Violence Prevention and Healthy Relationships – 2 hours/2 class periods. Students will understand the dynamics of dating/intimate partner violence, power and control, and barriers to leaving an abusive relationship. They will look critically at “norms” in teen dating and identify characteristics of healthy relationships and warning signs to unhealthy relationships. Middle School along with Relationship Abuse Education includes the following **Enrichment Activities:** Students are engaged by viewing the Simpson’s episode, “Bart’s Girlfriend,” and “In Their Own Words.” Evaluations are completed by the teacher. Students complete a fill-in Power & Control Wheel, and answer questions relating to the episode: “Bart’s Girlfriend”. Local resources are included.

8th grade Sexual Assault Prevention and Healthy Relationships – 2 hours/2 class periods Students will learn to look critically at the myths and realities of sexual assault. They will define terms and understand the dynamics of sexual assault and consent. Student will then be able to understand various characteristic of healthy and unhealthy relationships and learn how to assert healthy boundaries within relationships.

VIOLENCE PREVENTION PROGRAM (high school)

Grades 9-12 - Presentation topics include: Sexual Harassment Prevention; Sexual Assault Prevention; Gender Stereotypes; Teen Dating/Intimate Partner Violence Prevention; and Healthy Relationships. Time: 1 hour/topic/total 3-4 class periods. Students will learn the roots of sexual violence and understand the dynamics and types of sexual harassment, sexual assault, and dating/intimate partner violence. They will learn to identify warning signs to unhealthy relationships, practice positive bystander behavior to prevent and intervene in violence, and learn to negotiate healthy relationships and set personal boundaries. Currently video recordings available for Teen Dating Violence Prevention, Sexual Assault and consent education, Healthy Relationships and Sex Trafficking.

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ADDITIONAL EDUCATION OPTIONS

Sierra Community House's Youth Empowerment Groups are intended to provide a safe space for student to discuss topics relevant to their lives, such as healthy friendships and relationships, managing emotions, respect, leadership and communication skills. There are 4 goals the groups hope to achieve: 1) create positive environments and communities; 2) promote healthy friendships/relationships and choices; 3) increase positive self-worth; and 4) engage and empower youth to speak out and model healthy lifestyles. Youth Empowerment Groups most commonly meet for 10 sessions, ideally for 45 minutes to an hour. Students are usually chosen for the group by the counselor and/or teacher. Space is provided on-campus for the group to meet. Because the group is unique, a variety of curricula are referenced to provide the most relevant and interesting topics and activities specific to each group.

Examples of the curricula used are, but not limited to: In Touch with Teens; Girls Circle; Life Skills Training; Young Women's Lives; Young Men's Work; MyStrength; Communities Empowering Youth; Mentors in Violence Prevention; Love is Not Abuse; and Choose Respect. Virtual Groups available.

All Grades: **Internet Safety** 30-60 min. Students will learn through age-appropriate discussion and activities about the benefits, misuses and dangers of technology. They will learn how to recognize the types of technological foul play and what to do/who to talk to if it occurs. Virtual presentations available.

Middle & High School: **Personal Safety and Empowerment** 1-2 hrs. Female students will learn skills to decrease their chances of becoming the victim of violence through awareness, assertiveness, and physical self-defense. Not currently available.

Parent/Staff Education: All Topics 1-2 hrs. Purpose is to educate and work with adults on topics pertinent to their children or students. Presentations include overviews, tips, and resources. Virtual presentations available.

Organization, Geographic Area and Grade Level	Presentation Description and Contact Information
<p><u>Winnemucca Domestic Violence Services</u> North Central NV (Humboldt County) All ages</p>	<p>Winnemucca Domestic Violence Services (WDVS) supports individuals who are school age through Zoom to the McDermitt community. This organization offers presentations on healthy relationships and domestic and sexual violence by teacher request to children in Humboldt County. Support groups are offered to adults 18 and older at the office located in Winnemucca. Contact Tiffany Stickney, Executive Director at 775.625.1313 or email administrativedirector@winnemuccadvs.org.</p>
<p><u>Planned Parenthood Mar Monte Education & Training</u> Operates more than 30 health centers in mid-CA and Northern NV, serving over 200,000 patients each year. Northern NV Education Program, call 775.321.8721 Two health clinics in Las Vegas NV Southern NV Education Program, call 702.878.3622 or email education.info@pprm.org Digital Tools & Resources for Educators: https://www.plannedparenthood.org/learn/for-educators/digital-tools</p>	<p>Planned Parenthood Mar Monte is a trusted provider of reproductive health services and education in your community. Their education team offers engaging programs for parents and teens. And our staff can customize student education or professional training classes to meet the needs of your school or organization.</p> <p>Planned Parenthood Mar Monte is a partner of <u>Teen Success, Inc.</u> A Program for Young Mothers. The Teen Success, Inc. program is an 18-month program for pregnant and parenting women, ages 14-19, who have not yet graduated from high school or received a GED. The program includes: Educational navigation and support to help young moms graduate high school; Parenting education to develop skills needed to nurture your child’s growth and school readiness; Coaching with a mentor to support goal setting, address challenges young moms may face, and connect to resources; and a Weekly Peer Learning Group where young moms come together and focus on parenting, education, health, and wellness, and self-empowerment. For questions about the program, to join or send us a referral, please call us at 408-808-1804. To learn more about Teen Success, Inc. please visit www.teensuccess.org</p> <p>Community Outreach - At various community settings—including youth-friendly sites, recovery centers, homeless shelters, group homes, community agencies, health fairs and other community events—PPMM staff conduct presentations and one-on-one outreach activities that provide information on responsible decision making skills, contraception, prevention of STDs, and how to obtain reproductive health services.</p> <p>Peer Education - Youth and young adults are recruited and trained to go into communities that have very limited access to health services and provide culturally and linguistically competent information about contraception, sexually transmitted diseases, and access to reproductive health services.</p> <p>Teen Talk - This support group targets 11-14-year-old girls who are at high risk of having unintended pregnancies. Designed to build self-esteem, the program provides information and activities that encourage young girls to be responsible and delay pregnancy until they at least finish high school. Facilitators lead discussions about pressure recognition and resistance, good decision-making skills, assertive communication skills, and healthy relationships.</p> <p>Sex Education - PPMM offers age-appropriate presentations in schools and other community settings that are sequenced to meet the needs of the participants, and include materials from evidence-based interventions. These presentations cover comprehensive topics such as anatomy, pregnancy, contraception, sexuality transmitted infections, healthy relationships, communication, self-esteem and the pressures that can lead to premature sexual activity. In compliance with the California Healthy Youth Act, PPMM staff teach skills that reinforce healthy behaviors and lead to a better understanding that sexuality is a normal part of human development.</p>

Organization, Geographic Area and Grade Level	Presentation Description and Contact Information
<p data-bbox="52 196 457 293"><u>Nevada Division of Public and Behavioral Health Office of Suicide Prevention Training</u></p> <p data-bbox="52 367 415 444">Suicide Prevention Lifeline 1.800.273.TALK (8255)</p>	<p data-bbox="577 196 966 224">Nevada Gatekeeper Training</p> <p data-bbox="577 245 1997 480"><i>The Nevada Gatekeeper Training Program</i> focuses on four specific populations: Lifespan (general), Youth, Elderly and Native American. The program can be used in special training environments such as Law Enforcement and Foster Care Agencies. These courses are designed for various durations: 1 1/2 hours, 2 hours, 4 hours and 8 hours (Train the Trainer). The objectives of this training are to increase one’s knowledge, understanding of suicide, recognize warning signs, identify risk and protective factors, increase willingness and ability to intervene with a person at risk for suicide. This training will provide insight for interacting with survivors and identify referral resources.</p> <p data-bbox="577 505 1119 532">safeTALK—Suicide Alertness for Everyone</p> <p data-bbox="577 553 2018 716"><i>safeTALK</i> is a community-oriented suicide alertness workshop that prepares anyone over the age of 15, regardless of prior experience or training, to become a suicide-alert helper. This training allows for up to 40 participants and lasts 3-4 hours. After completion of <i>safeTALK</i>, participants will have the ability to recognize a person at risk for suicide and know how to connect them with a person trained in suicide first aid intervention or similar resources to keep the individual safe.</p> <p data-bbox="577 740 1272 768">ASIST (Applied Suicide Intervention Skills Training)</p> <p data-bbox="577 789 2007 886"><i>ASIST</i> is a two-day intensive, interactive and practice-dominated course designed to help caregivers recognize and review risk, and intervene to prevent the immediate risk of suicide. It is by far the most widely used, acclaimed and researched suicide intervention training workshop in the world.</p> <p data-bbox="577 911 890 938">Mental Health First Aid</p> <p data-bbox="577 959 2028 1154">Just as CPR teaches how to assist an individual having a heart attack, <i>Mental Health First Aid</i> teaches how to assist an adult experiencing a mental health or substance use-related crisis. In this 8-hour course, participants learn risk factors and warning signs for mental health and addiction concerns, strategies for how to help someone in both crisis and non-crisis situations, and where to turn for help. The 8-hour training provides the skills needed to reach out and provide initial help and support to an adult who may be developing a mental health or substance use problem or experiencing a crisis.</p> <p data-bbox="577 1179 1104 1206">Youth Mental Health First Aid (YMHFA)</p> <p data-bbox="577 1227 2007 1422"><i>Youth Mental Health First Aid</i> is an 8-hour training primarily designed for adults who interact with adolescents on a regular basis. The course teaches how to help young people experiencing mental health challenges or crises. It reviews the unique risk factors and warning signs of mental health problems in adolescents ages 12-18 and emphasizes the importance of early intervention. This course may be appropriate for older youth (16 and older) to encourage youth peer to peer interaction. Anyone who regularly works or interacts with youth-teachers, athletic coaches, mentors, juvenile justice professionals may find the course content useful.</p> <p data-bbox="577 1446 1959 1479">View their website for additional trainings. To obtain a Course Schedule or to schedule an OSP training:</p> <p data-bbox="577 1503 1896 1560">In Northern Nevada, contact Janett Massolo at 775.684.2238. In Southern Nevada, contact Richard Egan at 702.486.8225.</p>

