

WHAT IS IPV?

What is intimate partner violence (IPV)? Intimate partner violence is a pattern of abusive behavior in any relationship that is used by one partner to gain or maintain power and control over the other person. Intimate partners may include people who are civilly united, currently or formerly dating or living together, or who have children together or are married (*Source: U.S. Office on Violence Against Women.*)

Does your partner...

- Get jealous or accuse you of cheating or flirting with others?
- Make fun of, deny, or control your sexual or gender identity?
- Prevent you from being out or threatened to out you?
- Try to control how you act or dress?
- Regularly mis-gender you or use your dead name?
- Not respect your sexual boundaries or safeword? Not willing to negotiate for the safety of both partners or follow established rules for consensual pleasure?
- Pressure you to have sex in ways you do not want to?
- Isolate you from family or friends?
- Prevent you from interacting with other members of the LGBTQIA+ community?

If you answered “yes” to any of these questions, you may be experiencing abuse.



TYPES OF ABUSE

- **Physical Abuse** includes hitting, shoving, slapping, hair pulling, biting, kicking, hitting with objects, stabbing, or shooting. Physical abuse can also include withholding medications, hormonal therapy, medical care and food, or not letting someone recover from gender affirming surgery, or PDA in an unsafe environment that could inflict outside violence.
- **Emotional or Psychological Abuse** includes belittling, minimizing, denying, name-calling and blaming, or accusing you of “mutual abuse,” saying you are responsible for the abuse, threatening to harm/take children or the family pet, repeatedly misgendering or using dead names on purpose, threatening to out you, or isolating you from your family, friends and LGBTQIA+ communities.
- **Sexual Abuse** includes being forced, threatened, or coerced into sexual activities which you do not want to do, including through use of harmful stereotypes.
- **Economic Abuse** may prevent you from getting or keeping a job, forcing you to ask for money or have an “allowance,” taking money, denying access to family income, or threatening to out you at work.
- **Cultural/Identity Abuse** may include outing you, forcing you to speak English at all times, shaming you for your sexual or gender identity, religion, immigration status, or race, saying no one will believe you due to your identity, using homophobic or transphobic slurs, or denying/controlling your identity.
- **Stalking** refers to the willful, malicious and repeated following or harassment of another person. It includes behaviors that serve no other purpose than to annoy, alarm or terrorize you.

YOU CAN HELP BY...

For help, consider these options:

Call any of the hotlines listed in this brochure to locate a community-based advocacy program in your area and ask to speak with an advocate. All services are premised on support, empowerment, options and safety for you and your children and/or pets. All services are free and confidential. Ask them about emergency shelter, safety planning and legal assistance.

What is a Healthy Relationship?

- A healthy relationship is based on equality and shared responsibility by making decisions together and mutually agreeing on a fair distribution of work.
- Economic equality includes making financial decisions together and making sure all partners benefit from the financial arrangements.
- Responsible parenting by being a positive non-violent role model for children and sharing parental responsibilities.
- Showing respect by listening; being emotionally affirming; and valuing opinions, feelings, friends and activities.
- Sexual activities are always consensual.
- Talking and acting so that all partners feel safe and comfortable expressing opinions, being willing to compromise, and offering trust and support.
- Seeking mutually satisfying resolutions to conflict. Accepting change and being willing to compromise.
- Accepting responsibility for oneself and admitting being wrong.
- Communicating openly and truthfully.

IF YOU NEED HELP, PLEASE CALL:

National Domestic Violence Hotline
1.800.799.SAFE or 1.800.799.7233
1.800.787.3224 (TTY)
www.thehotline.org

National Sexual Assault Hotline
1.800.656.4673
www.rainn.org

GLBT National Hotline
1.888.8434564
www.glnh.org

GLBT National Youth Talkline
1.800.246.PRIDE (7743)
www.glnh.org/talkline

Hotlines provide crisis intervention, information, referrals and safety planning. Both hotlines are toll-free, confidential, anonymous and operate 24 hours a day, 365 days a year.

Se habla español

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Nevada Coalition to End Domestic and Sexual Violence (NCEDSV) is a statewide organization that was formed in 1980 to work toward the elimination of domestic and sexual violence against all persons and the empowerment of women and children.

NCEDSV helps Nevada's communities respond creatively and effectively to the needs of violence victims by providing information to service providers in the fields of domestic and sexual violence. In addition, NCEDSV provides education and advocacy to the general public and actively educates legislators on issues of concern to Nevada families.



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INTIMATE PARTNER VIOLENCE IN LGBTQIA+ COMMUNITIES



“ABUSE IS NOT ABOUT SIZE, STRENGTH, OR WHO IS MORE MASCULINE. ANYONE OF ANY GENDER CAN BE ABUSIVE”

Resources: The Network/La Red, The Northwest Network, National Coalition of Anti-Violence Programs, Survivor Project, FORGE and the National Leather Association International Domestic Violence Project.